



87<sup>th</sup> Annual Manhasset Bay Race Week And  
Sonar LI Championships  
August 23, 24 and 25, 2019

## SAILING INSTRUCTIONS

### 1. Rules

1.1 The regatta will be governed by the rules, as defined in The Racing Rules of Sailing (RRS), and applicable Class Rules. The Ideal Class shall race without spinnakers and the same number of crew must sail each race. This changes Ideal 18 Class Rule 9.4 and 13.4

1.2 If flag AP is displayed ashore, “one minute” is replaced with “not less than 45 minutes”. This changes race signals AP

1.3 The following RRS optional rules will apply:

a) Appendix T, Sections T1 and T2 will apply. Appendix V1 and V2 will apply.

1.4 Racing Rules of Sailing (RRS) listed below are changed as follows.

a) RRS 64.4 (b) is changed to require a hearing before any action is taken.

b) RRS 61.1(a) is changed so that “A boat intending to protest about an incident that occurs in the racing area shall notify the Race Committee (RC) finish boat of her intention as soon as possible after finishing, without consultation with instructors, coaches or support persons, including (if possible) the boat identification number of the boat(s) being protested.”

c) Sonar Measurement: Each boat may be requested to produce a valid hull measurement certificate. Measurements, required gear and safety gear may be spot-checked.

d) RRS 63.7 will be replaced with: “If there is any conflict between the Sailing Instructions and the Notice of Race, the Sailing Instructions shall apply.”

### 2 Notices to Competitors

Notices to competitors will be posted on the Official Notice Board in clubhouse at Manhasset Bay YC. Protest hearing schedules will be posted on this board.

### 3 Changes in Sailing Instructions

Any change in the Sailing Instructions will be posted before 0830 hours on the day the change is takes effect. Any change in the Schedule of Races will be posted before 1900 hours the day before the change is to take effect.

### 4 Signals made ashore

Signals made ashore will be displayed at the main dock of Manhasset Bay YC.

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5. Haul-Out Restrictions- Sonars

All sonars shall be afloat before 1400 hours on Friday, August 24 and shall not be hauled out during the regatta without permission (for severe damage) of the Event Co-chairs or the RC.

6. Schedule

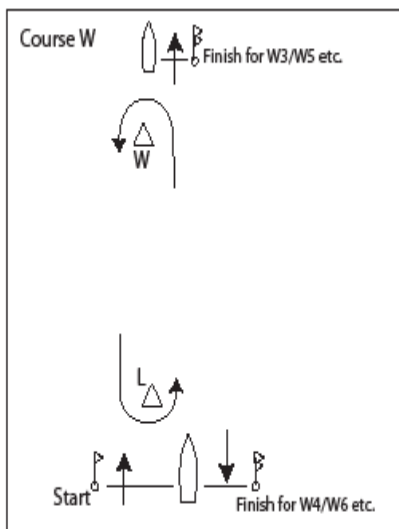
Day	Date	First Warning	Last Warning
Friday	August 23	Competitors meeting 1400/First Warning 1500	No later than 1830
Saturday	August 24	1000	RC Discretion
Sunday	August 25	1000	No later than 1400

7. Racing Area

The racing areas will be in the outer or inner bay of Manhasset Bay, inside a line between Barkers Point and Hewlett Point. The MBO Class may elect to sail courses utilizing the Cow Bay Racing Association (CBRA) marks as described in the Bay Racing circular.

8. Courses

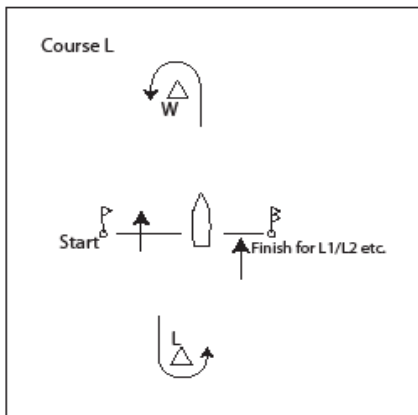
The course will be windward/ leeward with multiple legs, and may utilize a leeward gate.



**A windward/leeward course with all marks rounded to Port as shown in the diagram.** The Signal Boat will display the letter **W** or **L** followed by the number of legs/laps.

The **W** start will be below the leeward mark. For course W3, the finish, will either be at the windward mark or approximately 25 yards beyond the windward mark between a pin and the RC finish boat.

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9. Marks

Marks will be 5' orange or green tetrahedrons, or a red sphere. New marks, per RRS 33 - Change of the Next Leg of the Course, will be orange or green tetrahedrons, or a red sphere.

10. The Start

**10.1 The preparatory signal will be a green, orange, or red flag; the flag displayed will identify the weather mark for the race. This changes RRS 26.**

10.2 The Sonar Class flag: Numeral pennant 1

10.3 The MBO Class flag: Numeral pennant 2.

10.4 The Ideal 18 Class flag: Numeral pennant 3

10.5 For All Other Classes: Numeral pennant 4

10.6 The starting line will be between a staff displaying an orange flag on the Signal boat and the course side of a nearby mark or pin.

10.7 Boats not starting within (5) minutes after the starting signal will be scored DNS. This changes RRS 63.1, A4.1 and A5.

**10.8 NO ROLLING STARTS**

11. Recalls

The RC will hail OCS boats on VHF channel 69. Failure of a boat to see or hear her recall notification and the timing, or order of the hail will not be grounds for redress. This changes RRS 62.1 (a).

12. The Start/Finish

The starting line will be an orange flag on the signal boat and a pin with an orange flag to the PORT of the Signal boat. The finish line will be between the staff displaying an orange flag on the Race Committee boat and a pin with an orange and a yellow flags to the STARBOARD of the Signal boat.

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13. Change of Course

13.1 Changes to the racing course will be made by signaling a change of course, to a replacement weather mark.

13.2 **Change of Course Signals (amends RRS 33 and the Racing signals)**

Flag C and a colored flag means: The windward mark has been replaced. Sail to a mark that is the same color as the flag.

When a change of course after starting only affects some classes, the affected classes shall be designated by the appropriate numeral pennants.

13.3 When a change of course is signaled after the first leg, it shall be displayed from a boat in the vicinity of mark L.

14. Time Limit

The time limit for each race is 90 minutes. Except in the case the MBOs should choose to sail CBR marks, where the time limit will be 3 hours for the MBOs.

15. Safety/Communications

15.1 Courtesy announcements (if any) by the RC will be made on VHF channel 69, which will be monitored by the RC. Since the announcements are a courtesy only, no redress will be granted regarding any aspect of the RC announcements. The MBYC dock monitors VHF channel 73.

15.2 Boats are reminded that Western Long Island Sound and the East River have commercial traffic. **Please monitor and hail on VHF channel 13 as needed.** A boat and its crew shall at all times keep clear of all commercial vessels and shall not maneuver in any manner that would cause a commercial vessel to be unable to sail its proper course or carry out its commercial functions in a normal manner.

(a) If a boat's actions or maneuvers result in a danger signal (5 horn blasts) from a commercial vessel, that boat may be protested only by the race committee or protest committee; this changes rule 60.1.

(b) The penalty for breaking this rule may be disqualification from the entire regatta.

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16. Scoring

16.1 The Low Point scoring system RRS Appendix A will be used; however Appendix A2 is changed as follows:

- (a) When fewer than six (6) races have been completed, a boat's series score will be the total of her race scores.
- (b) When from six (6) to nine (9) races have been completed, a boat's series score will be the total of her races scores excluding her worst score.
- (c) When ten (10) or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

16.2 Sonar Class: Three (3) races are required to be completed to constitute a series.

All Other Classes: One (1) completed race constitutes a series.

16.3 Rule A4.1 is changed as follows:

- (a) Boats that do not start within 5 minutes after the starting signal will be scored DNS.
- (b) Boats that do not finish within the time limit will be scored Time Limit Expired ("TLE"). This changes RRS 35. A boat scored TLE will receive two points more than the number of finishers: but in no case will a score of TLE be worse than DNF.

17. Protests

Protest forms will be available at the front desk of MBYC. Written protests shall be filed with the front desk of MBYC. The protest time limit will be one hour after the Race Committee signal boat arrives at the MBYC dock and will be posted on the Official Notice Board in the clubhouse at Manhasset Bay YC.

18. Prizes

a) **Sonars:** Prizes will be awarded to the top three (3) finishers. As the LI Sound Championships are a sanctioned event of the Sonar Class association, the top three (3) finishers are required to be: 1) a 2018 Sonar class Association member, and 2) have a measurement certificate as recorded on the Sonar web site. The first three finishers not meeting the above requirements will be placed in the fourth or lower placed positions.

b) **All other classes:** Prizes will be awarded to the top three (3) finishers in each class.

c) Perpetual and series prizes will be awarded on Sunday, August 25, 2019

19. Responsibility for Safety

No competitor shall use alcoholic beverages at any time while on the water. As a condition of participation of any boat or participant in any race or related activity sponsored or undertaken by the Manhasset Bay Yacht Club: the helmsman of each boat agrees that the safety of the boat and the crew and the decision whether or not to start or to continue racing is solely their responsibility, and each of them waives all claims which

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he or she or any heir or representative, successor or assignee, may have against the Organizers, and its officers, trustees, committees, members, employees or agents, arising out of or in any way connected with participation in such race or activity. Responsibility for evaluating the wind, sea and weather conditions rests with each participant as does the responsibility for the safe condition of the boat and crew including safety equipment, rigging and wearing of personal buoyancy. Assistance from the race committee, patrol boats or other support boats and from personnel manning them is at the risk of the participant.

20. DISCLAIMER OF LIABILITY

20.1 Competitors participate in the regatta entirely at their own risk. See RRS 4: Decision to Race. The OA will not accept any liability for material damage or personal injury sustained in the conjunction with or prior to, during, or, after the regatta.

20.2 All Sonar competitors will also be required to sign a Competitors Liability Waiver form during registration.

17. INSURANCE

Each Sonar participating shall be insured with valid third-party liability insurance, with a minimum cover of \$300,000. Per event or the equivalent

**18 FURTHER INFORMATION**

**For more event information, contact the Event Co-Chairs:**

MBYC Regatta Co-Chairs: Rita and Vince Syracuse  
MBYC Event Co-Chairs: Rita and Vince Syracuse, and Bill Siener  
Principal Race Officers: Bill Siener  
Protest Chair: Pedro Lorson