



# IDA LEWIS DISTANCE RACE SAILING INSTRUCTIONS

**AUGUST 16-17, 2019**

## **1 RULES**

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 **FOR ALL BOATS**, the US Safety Equipment Requirements of US Sailing for **US Coastal**. A boat may not be protested for failing to comply with these Requirements except by the Race or Protest Committees.
- 1.3 For IRC boats - IRC Rules Parts A, B and C shall apply.
- 1.4 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association.
- 1.5 Rules 29.1, 41, 60.1, 63.1, 63.2, A5 and Race Signals are changed.

## **2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board located on the deck of the Ida Lewis Yacht Club.

## **3 CHANGES TO THE SAILING INSTRUCTIONS**

Any changes to the Sailing Instructions will be posted before 0900 hours on the day of the race.

## **4 SIGNALS MADE ASHORE**

- 4.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 4.2 When flag AP is displayed ashore, the warning signal will be made not less than one (1) hour after flag "AP" is lowered. This changes Race Signals.
- 4.3 The Race Committee will make announcements concerning postponements, courses, premature starters, etc., on VHF Channel 79A. Failure of the Race Committee to make such announcements, or failure of competitors to receive or hear such announcements will not be grounds for redress.

## **5 CLASSES AND CLASS FLAGS**

5.1 Boats will be divided into classes.

5.2 The Class Flag for each class is as follows:

	CLASS NAME	CLASS NUMBER	CLASS FLAG
A.	Double-handed	ONE	Numeral Pennant ONE
B.	Cruising Spinnaker	TWO	Numeral Pennant TWO
C.	PHRF- Aloha	THREE	Numeral Pennant THREE
D.	PHRF – Coronet	FOUR	Numeral Pennant FOUR
E.	IRC	FIVE	Numeral Pennant FIVE

Each boat shall race in the class to which it is assigned.

- 5.3 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

**6 CHECK IN AND RETIREMENT**

- 6.1 Prior to the first warning signal, all boats shall check in with the Race Committee by either:  
A. passing astern of the Committee Boat on starboard tack and hailing their sail numbers, and having the Race Committee respond, or  
B. hailing the Race Committee on VHF CHANNEL 69 with their sail numbers and having the Race Committee affirmatively respond.
- 6.2 Boats retiring shall inform the Race Committee by phoning **(401)-855-3270** as soon as possible.

**7 COURSES**

**7.1 Course 1 - Montauk Course**

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” MoA WHIS, ENE of Point Judith	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to port
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
Block Island	to port

Finish – off Ida Lewis Yacht Club

*(Approximately 170 nm)*

**7.2. Course 2 –Block Island Course**

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
N”2” South of Block Island	to starboard
R”4” Fl R 6s WHIS SW of Block Island	to starboard
G”1BI” Fl G 4s Bell North of Block Island	to starboard

Finish – Off Ida Lewis Yacht Club

*( Approximately 150 nm)*

**7.3 Course 3 – Point Judith Course**

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
RW”NB” Mo(A) WHIS, ENE of Point Judith	to starboard

Finish – Off Ida Lewis Yacht Club

*(Approximately 120 nm)*

**7.4 Course 4 – Buzzards Bay Tower Course**

Start – East Passage Narragansett Bay, south of Rose Island

R “2” QR WHIS	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
GR “BIS”. FL (2+1) G 6s (southwest of Block Island)	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
R “2” QR WHIS	to starboard

Finish – Off Ida Lewis Yacht Club

*Approximately 110 nm)*

## **8 THE START**

8.1 Friday, August 16

Double-handed Warning Signal	1230 hours
Cruising Spinnaker Warning Signal	1245 hours
PHRF - Aloha Warning Signal	1300 hours
PHRF – Coronet Warning Signal	1315
IRC Warning Signal	1330 hours

8.2 Races will be started in accordance with rule 26.

8.3 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.

- A. The starting race mark for the double-handed and cruising spinnaker classes will be an Orange Tetrahedron.
- B. The starting race Mark for the PHRF and IRC starts will be an extra large Orange Dumpty.
- C. The Race Committee may set the PHRF/IRC starting race mark on an extension of the double-handed/cruising spinnaker line prior to double-handed and cruising spinnaker starting sequences. If this Mark is set, it shall not be considered a mark of the course for the double-handed and cruising spinnaker classes.
- D. The Race Committee may leave the starting mark for the double-handed and cruising spinnaker classes (Orange Tetrahedron) in place during the starting sequences for the PHRF and IRC classes. If they do, then the Orange Tetrahedron shall not be a mark of the course, nor shall it be a part of the Starting Line.

8.4 Boats shall keep clear of the starting area unless starting.

8.5 Any boat not starting within **15** minutes of the last starting signal of the day shall be scored DNS without a hearing. This changes rule A5.

8.6 The Race Committee may hail boats starting prematurely on VHF Ch 79A, but failure to do so or the timing or order of such hail shall not be grounds for redress. This changes rules 29.1 and 41.

8.7 A boat that had been in the starting area following their class's warning signal and does not comply with rule 29.1 shall have 30 minutes added to her elapsed time without a hearing. This changes rules 29.1, 63.1 and A5.

## **9 THE FINISH**

9.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell off Goat Island and a staff flying an Orange flag at the north end of the deck at Ida Lewis Yacht Club. A yellow inflatable buoy will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W. This buoy, which shall be left to starboard when finishing, is a mark of the course but not part of the Finish Line. It is intended to provide a rough approximation of the angle of the finish line. The Orange flag will be illuminated at night.

9.2 Boats approaching the finish, when they are abeam of Castle Hill Light, shall call the Race Committee on VHF Ch 79A or via telephone ((401)-855-3270) and report their boat name, sail number and time. If reporting by telephone, information may be left on the race answering machine.

9.3 At night, boats shall illuminate their sail numbers when approaching the finish line.

9.4 Boats shall take their own finish time and report this to Race Committee at Ida Lewis Yacht Club within **ONE** (1) hour after finishing.

9.5 Boats shall complete and sign a declaration that they have sailed the race in accordance with the Rules; and shall deliver it to the Race Committee on the RC mark boat after finishing or to the Race Committee at the Finish Line Desk on the deck on the north side of the Ida Lewis Yacht Club within **ONE** (1) hour after finishing.

## **10 PENALTY SYSTEM**

Rule 44.3, Scoring Penalty, shall apply.

## **11 TIME LIMIT**

The time limit for all boats is 1800 hours on Saturday, August 17, 2019.

## **12 RENDERING ASSISTANCE**

Attention is drawn to the responsibility imposed by good seamanship and RRS 1.1.

## **13 PROTESTS**

- 13.1 Boats intending to file a protest or a request for redress shall inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 79A or calling the race office at **(401)-855-3270** until acknowledged.
- 13.2 Protests must be submitted in writing to the Race Committee at Ida Lewis Yacht Club within one (1) hour of finishing. Protest forms will be available at the Race Committee Finish Line Staff located on the deck on the north side of the Ida Lewis Yacht Club.
- 13.3 The Protest Committee anticipates that it will begin hearing protests at 1530 on Saturday, August 17, 2019.
- 13.4 The Jury may apply a penalty other than disqualification for breaking a Rule other than one of Part 2 of the Racing Rules.

## **14 SCORING**

- 14.1 IRC: Time allowances for IRC boats will be calculated using the boat's TCC on a Time-on-Time (TOT) basis.
- 14.2 PHRF: Time allowances for PHRF boats will be calculated using Time-on-Time (TOT) with the handicaps as provided by PHRF-Narragansett Bay.

## **15 GOVERNMENT BUOYS**

Government buoys, when not specified as part of the course, have no required side except for safe navigation.

## **16 ADVERTISING**

- 16.1 Advertising shall be in accordance with ISAF regulation 20.
- 16.2 Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- 16.3 Advertising for tobacco products are prohibited.
- 16.4 Advertising that conflicts with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

## **17 PRIZES**

- 17.1 Prizes will be awarded on Saturday, August 17, at 1950 hours at Ida Lewis Yacht Club.
- 17.2 The following prizes will be awarded:
  - A. The Russell L. Hoyt Memorial Trophy for the IRC Division Best Elapsed Time.
  - B. The Lois J. Muessel Memorial Trophy for the PHRF Coronet Division Best Elapsed Time.
  - C. The Lightkeeper Trophy for the PHRF Aloha Division Best Elapsed Time
  - D. The Commodore's Trophy for the IRC Division, Corrected First Place.
  - E. The Lime Rock Trophy for the PHRF Coronet Division, Corrected First Place
  - F. The Commodore Arthur Curtis James Trophy for the PHRF Aloha Division, Corrected First Place
  - G. Double-Handed Division, Corrected First Place.
  - H. The Arent H. Kits van Heyningen Trophy for the Youth Challenge, Corrected First Place.
  - I. William E. Tuthill Trophy for the Collegiate Challenge, Corrected First Place.
  - J. Cruising Spinnaker Division Trophy, Corrected First Place.
  - K. PHRF Coronet (PHRF Rating 54 and lower) – Corrected First Place
  - L. PHRF Aloha (PHRF Rating 55 and higher) – Corrected First Place

Additional prizes may be awarded at the sole discretion of the organizing authority and may be based on criteria other than the regatta results.

## **18 NOTES**

- 18.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.
- 18.2 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.
- 18.3 Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.
- 18.4 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
- 18.5 In an emergency, if there is no one on duty at 401-855-3270 competitors are requested to call (214) 244-4955
- 18.7 Competitors not in their starting sequence who wish to contact the Race Committee shall do so on VHF CHANNEL 69.

## **19 SPECIAL LIMITATIONS and REQUIREMENTS**

- 19.1 All yachts shall carry, mount, and keep turned on while racing a Yellow Brick transponder provided by the Organizing Authority. Transponders shall be mounted on a stanchion in a location exposed to the sky and aft of the steering station. The transponder must be returned to the Race Committee after finishing. A participant not returning the transponder by the end of the race time limit or two hours after finishing, whichever is later may be scored DNF without a hearing and will be charge(d) for the cost of this transponder. This changes Rule 63.1.
- 19.2 The US Sailing prescription to Rule 63.2 is deleted.
- 19.3 Protests alleging infringement of SI paragraphs 9 and 18 shall only be initiated by the Ida Lewis Long Distance Race Organizing Authority. This changes Rule 60.1

### **Ida Lewis Yacht Club Commodore Dan Faria**

**Race Committee Chairman  
Bill O'Hanley**

**Ida Lewis Distance Race Chair  
Pat Kennedy**

**Principal Race Officer  
Peter Gerard**

**Chief Judge  
Ron Hopkins**



**2019 FINISH DECLARATION**

Name of Yacht \_\_\_\_\_ Sail Number \_\_\_\_\_

**I hereby declare that the above named yacht has sailed the Ida Lewis Distance Race in accordance with the Rules and US Safety Equipment Requirements of US Sailing for US Coastal.**

**The yacht was / was not involved in any protest situation (circle appropriately)**

**The yacht did / did not fly Yellow Flag. Sail number of other yacht \_\_\_\_\_**

**Describe incident: .....**  
.....  
.....

**Record time and date of rounding's:**

**1) Buzzards Tower (For Courses 1, 2 and 4 the second rounding only) \_\_\_\_\_**

**2) Based on the course sailed, the following mark:**

**A) Course 1: G“1” Fl G 4s Gong, ENE of Montauk Point \_\_\_\_\_**

**B) Course 2: G“1BI” Fl G 4s Bell North of Block Island \_\_\_\_\_**

**C) Course 3: RW”NB” Mo(A) WHIS, (second rounding)  
ENE of Point Judith \_\_\_\_\_**

**D) Course 4: GR “BIS”. FL (2+1) G 6s  
(southwest of Block Island) \_\_\_\_\_**

**3) Finish time/date \_\_\_\_\_**

**4) Did you return your Transponder to Distance Race Office? Yes or No**

**Owner/Skipper Signature \_\_\_\_\_ Date \_\_\_\_\_**

**Printed name \_\_\_\_\_ Phone number \_\_\_\_\_**

**Race committee  
Received by \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_**