

**MARCH 6-10, 2019**



**MIAMI SAILING WEEK**

# **Sailing Instructions**

## **Optimist Green Fleet**

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## **Optimist Red/White/Blue Fleet**

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## 2019 MIAMI SAILING WEEK

March 8-10

### *OPTIMIST GREEN FLEET*

## SAILING INSTRUCTIONS (SI)

### 1. RULES

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)
- 1.2. RRS 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NoR), the SI shall govern.
- 1.3. As Green Fleet is a learning fleet, protests will not be heard by Race Committee and are instead learning opportunities for competitors and parents. An open discussion of the protest process (mock protest) may be held if resources are available. All competitors, parents and coaches are encouraged to attend and observe.

### 2. NOTICES TO COMPETITORS.

- 2.1. Notices to competitors will be posted on the Official Notice Board, located at Regatta Park Zone 1

### 3. FORMAT

- 3.1. Green Fleet will sail as one division.

### 4. CHANGES TO THE SAILING INSTRUCTIONS (SI)

- 4.1. Any change to the SI will be posted on the official notice board by 0800 on the day that it will take effect, except that any change to the schedule of races will be posted by the end of protest time limit on the day before it will take effect.

### 5. SIGNALS MADE ASHORE AND LAUNCHING

- 5.1. Signals made ashore will be displayed from the flag pole located on the lawn of the Coconut Grove Sailing Club (CGSC).
- 5.2. When flag "AP" is displayed, "1 minute" is replaced with "not less than 45 minutes" in Race Signal "AP". This changes Race Signal "AP."
- 5.3. All boats shall be kept at Regatta Park Zone 2 in the assigned area until the harbor launch (see SI 5.4).
- 5.4. Harbor Launch: Boats shall not launch until flag "D" is displayed on the CGSC flagpole with one sound signal, and shall obey verbal launching instructions.



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## 6. SCHEDULE

6.1. The Green Fleet will sail as many races as practicable

6.2. Up to five (5) races may be sailed per day (NOR 7.3)

6.3. Detail Schedule:

Day	Time (24hr)	Activity	Location
<b>Friday, March 8<sup>th</sup></b>	1000	Regatta Park Zones open to competitors	Regatta Park
	1700 – 1900	Competitor and Coach check-in.	CGSC
	1700 – 1900	Support/coach power boat registration for ID flag.	CGSC
<b>Saturday, March 9<sup>th</sup></b>	0700 – 930	Continental Breakfast for Competitors	Regatta Park (RP) Zone 1
	0700 – 830	Late Check-in	RP Zone 1
	0830 – 930	DIY Lunch Station	RP Zone 1
	0845	Coaches Meeting	RP Zone 1
	0845	Safety Desk opens for sign-out	RP Zone 1
	0900	Welcome Ceremony and Skippers Meeting	RP Zone 1
	1000	Harbor Start for Green Fleet	RP Zone 3
	1100	First Warning	Biscayne Bay
	After Racing	Check-in at Safety Desk	RP Zone 1
	1730	Dinner for all competitors sponsored by Matilde's Tiramisu. Additional tickets available at check-in	CGSC
<b>Sunday, March 10<sup>th</sup></b>	0730 – 900	Continental Breakfast for Competitors	RP Zone 1
	0800 – 0915	DIY Lunch Station	RP Zone 1
	0800	Coaches' Meeting	RP Zone 1
	0815	Safety Desk opens for sign-out	RP Zone 1
	0900	Harbor Start for Green Fleet Optimist	RP Zone 3
	1000	First Warning	Biscayne Bay
	1400	No Warnings after this time	Biscayne Bay
	After Racing	Sign-in at safety desk	RP Zone 1
After Racing	Awards Presentation	Coconut Grove Sailing Club	

**MIAMI SAILING WEEK****7. RACING AREA**

**7.1.** The racing area for Green Fleet will be due south of Dinner Key Islands in the vicinity of Ransom Everglades.

**8. THE COURSE AND CHANGES TO COURSE LEG(S)**

**8.1.** SI Appendix 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.

**8.2.** To change the next leg of the course, the race committee will move the original mark (or move the finishing line) before the first boat has rounded the previous mark. No signals are required for this change. This changes rule 33.

**9. MARKS**

**9.1.** Rounding marks 1, 2, 3 will red inflatable cylinder buoys.

**9.2.** The starting marks will be between a race committee vessel displaying an orange flag and an orange cylinder

**9.3.** The finishing marks will be the same as the starting marks.

**10. RESTRICTED AREAS**

**10.1.** The **racing area** is the space encompassing the course, the starting area, and the finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 19, only competing boats and official vessels (designated as such by the race committee) may enter the racing area while boats are racing.

**10.2.** The **waiting area** is the area to starboard of the starting line, marked by a series of small balls or marks. Support Vessels are to anchor with their anchors to starboard of the line formed by the row of small balls or marks, or, in the absence of small buoys, at a distance specified by the Principal Race Officer.

**11. THE START AND THE FINISH**

**11.1.** Races will be started in accordance to Appendix U. The race committee may verbally hail the countdown. The class flag will be displayed on the signal boat during the start sequence.

**11.2.** Class flag will be a green flag.

**11.3.** The starting and finishing line will be between a staff displaying an orange flag on a race committee signal vessel and an orange inflatable cylinder

**11.4.** A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This change is added to RRS A5.



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- 11.5. The start-finish line will not be an “obstruction” and will be open to boats sailing downwind.
- 11.6. Boats that have finished shall immediately sail to the right of the finish line and stay clear of all other boats that are still racing.
- 11.7. Flag “A” displayed (with no sound) while boats are finishing means “No more racing today.”

## 12. TIME LIMITS

- 12.1. The time limit for the first boat in a race to sail the course and finish is ninety (90) minutes.
- 12.2. Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This change is added to RRS 35 and A5.

## 13. PROTESTS AND PENALTIES

- 13.1. The penalty system described in rule 44.1 and 44.2 is changed so that only one-turn, including one tack and one gybe is required. This changes rule 44.1.

## 14. SCORING

- 14.1. The Low Point Scoring System of RRS Appendix A will apply
- 14.2. One (1) completed race shall constitute a regatta
- 14.3. Scoring based on number of races completed:
  - 14.3.1. When fewer than six (6) races have been completed, a boat’s series score will be the total of all of her race scores.
  - 14.3.2. When six (6) or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score.

## 15. SAFETY AND CHECK-OUT/CHECK-IN PROCEDURES

- 15.1. All boats may be inspected for proper rigging and safety prior to racing.
- 15.2. All Green Fleet sailors, NOT PARENTS, are required to personally Check-Out at the safety table located in Regatta Park Zone 1, indicating their departure to the race course. If a competitor will not be racing that day, he or she shall notify a volunteer at the safety table. Immediately upon returning to shore, but not later than 30 minutes after the race committee signal boat docks, competitors shall personally Check-In at the safety table located in Regatta Park Zone 1 indicating their safe return to shore.
- 15.3. An adult (parent, guardian or designated adult) is responsible for the safety of their sailor. It is the responsibility of this adult to decide if the sailor should sail in the weather and sea conditions that might arise during the event. The adults supervising the competitors are ultimately responsible for the risks.
- 15.4. Parents not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their sailor, and each competitor shall

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indicate in writing at Competitor Check-In the parent or adult representative that will be responsible for the competitor throughout the event.

- 15.5. The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes on-shore activities before, during, and after the regatta.
- 15.6. Every sailor must wear a non-inflatable U.S. Coast Guard approved personal flotation device (PFD). PFDs must be fully secured (zipped, clipped and strapped) at all times on the water, except for brief periods for the removal or adding of clothing.
- 15.7. Each competitor must have a whistle attached to his or her PFD at all times on the water.
- 15.8. Each boat shall have a secure loop tied at the end of its painter (bow) line.
- 15.9. Any sailor retiring from a race must notify a race committee boat or safety boat before leaving the course.

**16. EQUIPMENT AND MEASUREMENT**

- 16.1. Measurement may be made of boats at any time during the regatta at the discretion of the race committee.

**17. SUPPORT PERSON REGULATIONS**

- 17.1. Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 17.2. Parents (spectators) who are on the water either in support or coach vessels are considered coaches for the purpose of SI 17. Those parents who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race ("No Communication Period"). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., 'great race', 'get something to drink', 'go see your coach', etc.) are always permissible outside the "No Communication Period".
- 17.3. **General support (coach and spectator) vessel requirements:**
  - 17.3.1. Support vessels shall display a numbered flag provided by the organizing authority at all times while on the water. All support vessels shall carry a VHF radio and monitor the race committee channel, VHF 68.


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**17.3.2.** No 'team' flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support vessels while racing is underway.

**17.3.3.** Support vessels shall follow the instructions of race committee, patrol, safety, protest committee, and other race management vessels at all times.

**17.3.4.** No support vessels shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.

**17.4. Restrictions:**

**17.4.1.** All support vessels shall stay out of the racing area while boats are racing. Only coaches are permitted to communicate with sailors during the race.

**17.4.2.** Certain support vessels may be designated as rescue craft by the Principal Race Officer or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.

**17.4.3.** There shall be no anchoring inside the course or in the vicinity of the finish line. Refer to SI Appendix 1 for the waiting area for support vessels.

**17.5.** There shall be no unapproved unmanned aerial vehicle (UAV) drone flight permitted above the racing area, waiting area, coach/spectator boat zones, start line or finish line.

**17.6. Penalties:**

**17.6.1.** Competitors affiliated with any coach, parent, or spectator vessel that breaks SI 17 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to RRS 41.

**17.6.2.** Coaches, parents, or spectators that repeatedly and/or intentionally break SI 17 may be subject to disciplinary actions up to and including exclusion from the venue.

**18. COACHING**

**18.1.** Coaching is encouraged by the race committee. Coaching is reserved for the bottom half of the fleet. All coaches are required to assist all sailors. All coaches are required to prominently display their coach flag and to have VHF radios on and operating on the Green Fleet race committee channel, VHF 68, at all times while racing is underway. The race committee has the right to remove from the Green Fleet course any coach who disregards the instructions of the race committee.

**18.2.** SI 17.6 is applicable to coaches who disregard SI Rule 18.

**19. ENVIRONMENT**

**19.1.** Competitors and coaches are expected to comply with RRS 55. Trash may be placed aboard race committee and support vessels.



## 20. SPECIAL INSTRUCTIONS

- 20.1.** Boats are required to display advertising, if any, chosen, supplied, and as instructed by the organizing authority.

## 21. DISCLAIMER OF LIABILITY

- 21.1.** Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Sailing is an activity that has an inherent risk of damage and injury. Competitors participate in the Regatta entirely at their own risk. STUDIOMILANO, Miami Sailing Week, Organizing Authority, Sponsors, Support Facilities, Volunteers, Agents, Employees and Service providers, the PRO and the Committee will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the Regatta for both on the water and on land activities. By participating in this event, each competitor (owners, skippers, and crews) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 21.2.** Boat parking spaces are unsupervised, therefore parking is at your own risk. The Organizing Authority, sponsors, partners and host clubs are not responsible in any possible way. By participating in this event, participants (owners, skippers, crews, coaches, parents) waive and release any and all responsibilities including but not limited to theft and damage and assume all risks to the fullest extent permitted by the law.

## 22. PRIZES

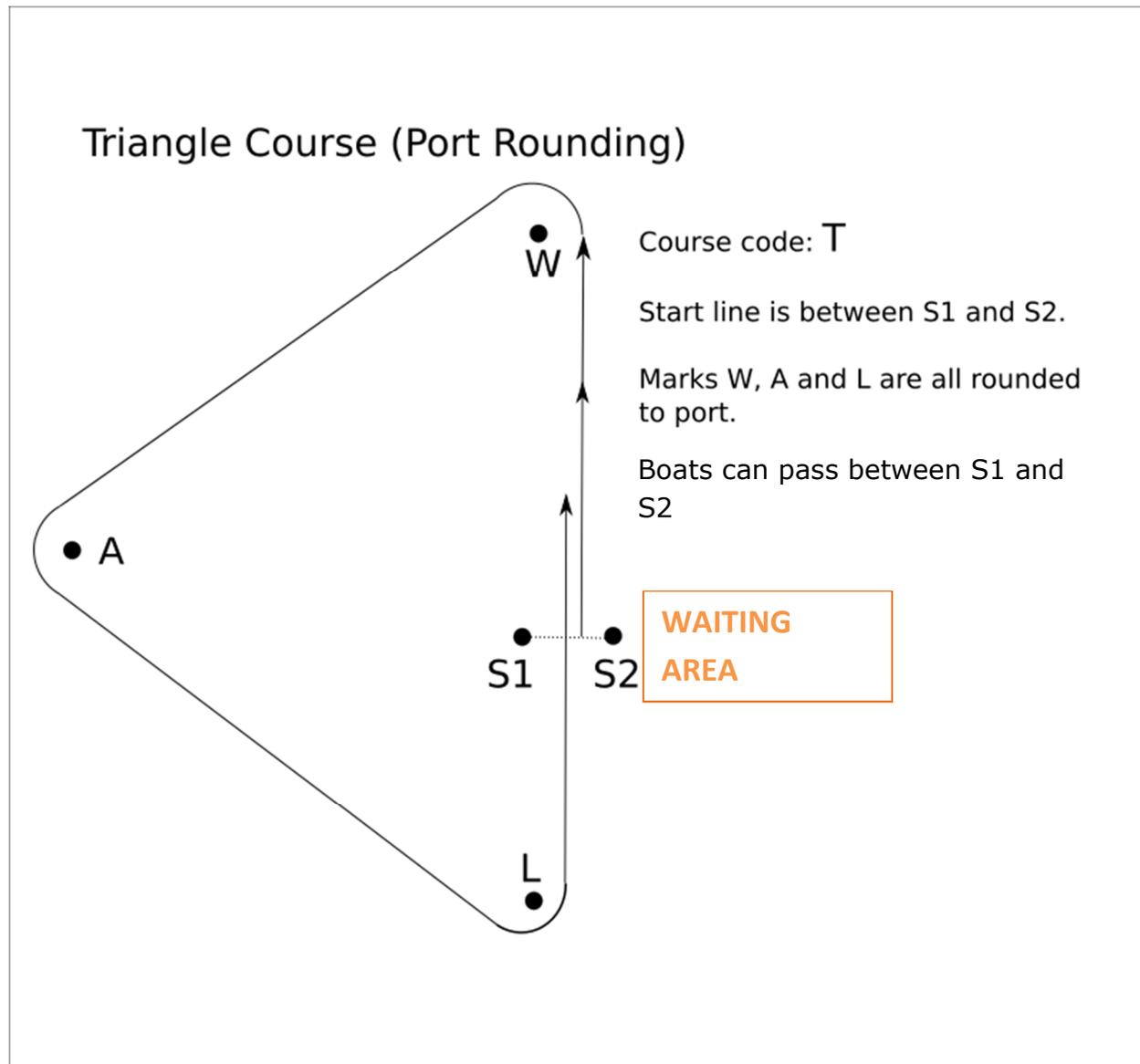
- 22.1.** Prizes to be awarded are described in the Notice of Race Amendment #2. Additional prizes may be awarded at the discretion of the Organizing Authority (OA).

**Regatta Director**      Gabriele Pedone

**Principal Race Officer**    Alberto Olivo

**GREEN FLEET OPTIMIST**

**SI APPENDIX 1**



## 2019 MIAMI SAILING WEEK

March 8-10

### *OPTIMIST CHAMPIONSHIP FLEET*

## SAILING INSTRUCTIONS (SI)

### 1. RULES

1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS)

1.2. The following applies to RRS 61:

1.2.1. The third sentence of RRS 61.1(a) is changed to read, "The flag need not be displayed until she is no longer racing."

1.2.2. RRS 61.1(a)(2) shall not apply. A boat does not need to display a red flag.

1.3. The following new rule is added:

**61.5 Informing the Race Committee** A boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees shall, at the first reasonable opportunity after she finishes, inform the race committee at the finishing line of her intent to protest and, when applicable, the identity of the protestee.

1.4. US Sailing prescriptions to RRS 63.2 and 63.4 will not apply.

1.5. RRS 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NoR), the SI shall govern.

### 2. NOTICES TO COMPETITORS.

2.1. Notices to competitors will be posted on the Official Notice Board, located at Regatta Park Zone 1.

### 3. FORMAT

3.1. Championship Fleet will sail as one division.

### 4. CHANGES TO THE SAILING INSTRUCTIONS (SI)

4.1. Any change to the SI will be posted on the official notice board by 0800 on the day that it will take effect, except that any change to the schedule of races will be posted by the end of protest time limit on the day before it will take effect.

### 5. SIGNALS MADE ASHORE AND LAUNCHING

5.1. Signals made ashore will be displayed from the flagpole located on the lawn of the Coconut Grove Sailing Club (CGSC).



- 5.2. When flag “AP” is displayed, “1 minute” is replaced with “not less than 45 minutes” in Race Signal “AP”. This changes Race Signal “AP.”
- 5.3. All boats shall be kept at Regatta Park Zone 2 in the assigned area until the harbor launch (see SI 5.4).
- 5.4. Harbor Launch: Boats shall not launch until flag “D” is displayed on the flagpole with one sound signal, and shall obey verbal launching instructions.

**6. SCHEDULE OF RACES**

- 6.1. Eight (8) Races are scheduled for the Championship Fleet.
- 6.2. Up to five (5) races may be sailed per day (NOR 7.3)
- 6.3. Detail Schedule:

Day	Time (24hr)	Activity	Location
Friday, March 8 <sup>th</sup>	1000	Regatta Park Zones open to competitors	Regatta Park
	1700 – 1900	Competitor and Coach check-in.	CGSC
	1700 – 1900	Support/coach power boat registration for ID flag.	CGSC
Saturday, March 9 <sup>th</sup>	0700 – 930	Continental Breakfast for Competitors	Regatta Park (RP) Zone 1
	0700 – 830	Late Check-in	RP Zone 1
	0830 – 930	DIY Lunch Station	RP Zone 1
	0845	Coaches Meeting	RP Zone 1
	0845	Safety Desk opens for sign-out	RP Zone 1
	0900	Welcome Ceremony and Skippers Meeting	RP Zone 1
	0930	Boat Launching	RP Zone 3
	1100	First Warning	Biscayne Bay
	After Racing	Check-in at Safety Desk	RP Zone 1
	1730	Dinner for all competitors sponsored by Matilde’s Tiramisu. Additional tickets available at check-in	CGSC
Sunday, March 10 <sup>th</sup>	0730 – 900	Continental Breakfast for Competitors	RP Zone 1
	0800 – 0915	DIY Lunch Station	RP Zone 1
	0800	Coaches’ Meeting	RP Zone 1
	0815	Safety Desk opens for sign-out	RP Zone 1
	0845	Boat Launching	RP Zone 3

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1000	First Warning	Biscayne Bay
1400	No Warnings after this time	Biscayne Bay
After Racing	Sign-in at safety desk	RP Zone 1
After Racing	Awards Presentation	Coconut Grove Sailing Club

## 7. RACING AREA

7.1. The racing area for championship fleet will be due east of Brennan Channel

## 8. THE COURSE AND CHANGES TO COURSE LEG(S)

8.1. SI Appendix 1 illustrates the course, including the general configuration of the marks, the order in which marks are to be passed, and the side on which each mark is to be left. The course length and exact configuration will be based on sailing conditions.

8.2. If one of the gate marks (mark 3P or 3S) is missing, boats shall round remaining mark 3 to port.

8.3. For a change of the next leg of the course, the race committee will lay a new mark (or move the finishing line) and remove the original mark as soon as practicable.

8.4. The angle from Mark 2 to Mark 3P/3S may be changed up to 15 degrees in either direction to compensate for wind / current differences on that side of the course, without signals or change marks, provided the change is made before any boats begin that leg. This is added to RRS 33.

## 9. MARKS

9.1. Rounding marks 1, 2, 3P and 3S will be red inflatable cylinder buoys or orange tetrahedrons.

9.2. The starting marks will be a race committee vessel displaying an orange flag at each end of the starting line.

9.3. The finishing marks will be a race committee vessel displaying a blue flag at one end of the finishing line and a yellow inflatable cylinder.

## 10. RESTRICTED AREAS

10.1. The **racing area** is the space encompassing the course, the starting area, and the finishing area. It extends 100 yards beyond any racing boat and all marks. Except as permitted by SI 18, only competing boats and official vessels (designated as such by the race committee) may enter the racing area while boats are racing.

10.2. The **waiting area** is the area to leeward of the racing area below the starting line, marked by a series of small balls or marks. Support Vessels are to anchor with their anchors at or behind the line formed by the row of small balls or marks, or, in the absence of small buoys, at a distance specified by the Principal Race Officer.

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## **11. THE START**

- 11.1.** Races will be started in accordance with RRS 26.
- 11.2.** Class flag will be a white flag with a black optimist class emblem.
- 11.3.** The starting line will be between a staff displaying an orange flag on a race committee signal vessel at the starboard end and a staff displaying an orange flag on a race committee vessel at the port end.
- 11.4.** An inflatable mark may be placed in the middle of the starting line. If present, it is a mark of the course.
- 11.5.** A boat starting later than five (5) minutes after her starting signal will be scored Did Not Start (DNS), without a hearing. This change is added to RRS A5.
- 11.6.** The race committee will not hail the sail numbers of boats that are OCS or subject to starting penalties under RRS 30. Unofficial 'race committee actions' will be broadcast on VHF channel 79 as a courtesy to coaches and spectators after all boats have started. The official list of race committee actions will be posted on the notice board.

## **12. THE FINISH AND RETURN TO THE STARTING AREA**

- 12.1.** The finish line will be between a staff displaying an orange flag on a race committee finish vessel at the port end and the course side of a mark or a staff displaying an orange flag on a race committee finish vessel at the starboard end.
- 12.2.** Immediately after finishing all boats shall sail clear of the finishing area and promptly return to the waiting area as shown in SI Appendix 1.
- 12.3.** Flag "A" displayed (with no sound) while boats are finishing means "No more racing today."

## **13. TIME LIMITS**

- 13.1.** The time limit for the first boat in a race to sail the course and finish is sixty (60) minutes.
- 13.2.** Boats failing to finish within twenty (20) minutes after the first boat in a race sails the course and finishes will be scored Did Not Finish (DNF) without a hearing. This change is added to RRS 35 and A5.

## **14. PROTESTS, SCORING REVIEWS, AND REDRESS REQUESTS**

### **14.1. General**

- 14.1.1.** Protest and scoring review forms are available at the protest committee desk located near the official notice board. Protests, requests for redress or reopening, and requests for scoring review shall be delivered there within the appropriate time limit.
- 14.1.2.** The protest time limit is 60 minutes after the race committee signal vessel docks. The protest time limit (filing deadline) will be posted on the official notice board as soon as practical.


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- 14.1.3.** The protest notices required by RRS 63.2, and the notification of protests by the race committee or protest committee required by RRS 61.1(b), will be posted on the official notice board as soon as possible after a protest has been delivered, but not later than 15 minutes after the protest time limit.
- 14.1.4.** A breach of SI 3.4, 5.3, 5.4, 11.4, 12.2, 17, 18, 19, 20 and 21 will not be grounds for a protest by a boat. This change is added to RRS 60.1(a).
- 14.1.5.** Hearings will be held in the assigned protest room. The helmsman shall represent the boat. This change is added to the first sentence of RRS 63.3(a). Representatives of boats who are parties to a hearing and their witnesses shall report to the protest committee desk at the scheduled hearing time and remain there until called for their hearing.

#### **14.2. Redress Requests**

- 14.2.1.** Requests for scoring reviews for possible scoring errors are considered requests for redress per RRS 62.1. They shall be filed with the protest committee, on forms provided, within the time limit and will initially be reviewed by the race committee. If resolved by the race committee, no hearing will be scheduled. If not resolved by the race committee, the race committee will request a hearing and the protest committee will proceed under RRS 63.1.
- 14.2.2.** If the race committee posts a list of boats scored OCS, UFD or BFD on the official notice board before the time limit in SI 15.2, a request for redress based on such a posted score shall be made no later than 30 minutes after the protest time limit. This change is added to RRS 62.2.
- 14.2.3.** Requests for redress relating to an OCS or starting penalty shall state the procedural error the competitor believes the race committee may have made. Further, the competitor will be expected to establish that he or she started properly. This change is added to RRS 62.2.
- 14.2.4.** On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This change is added as the last sentence to RRS 62.2.

#### **15. SCORING**

- 15.1.** The Low Point Scoring System of RRS Appendix A will apply
- 15.2.** One (1) completed race shall constitute the regatta
- 15.3.** Scoring based on number of races completed:
  - 15.3.1.** When fewer than six (6) races have been completed, a boat's series score will be the total of all of her race scores.
  - 15.3.2.** When six (6) or more races have been completed, a boat's series score will be the total of her race scores excluding her worst score.



## 16. SAFETY AND CHECK-OUT/CHECK-IN PROCEDURES

- 16.1. Prior to launching each day, competitors shall check-out at the Safety Check-Out/In table located at Regatta Park Zone 1 indicating their departure to the race course. A competitor who will not be racing that day shall notify a volunteer at the Safety Check-Out/In table before the Harbor Launch.
- 16.2. Immediately upon returning to shore, but not later than 30 minutes after the race committee signal vessel docks, competitors shall check-in at the Safety Check-Out/In table located at Regatta Park Zone 1, indicating their return to the venue.
- 16.3. A competitor retiring from a race or intending not to start a race shall notify a race committee vessel or safety vessel before leaving the course, or if that is not possible, notify a Coconut Grove Sailing Club official immediately upon returning to shore.
- 16.4. A boat with multiple infractions of SI 16.1, 16.2 or 16.3, Safety Check-Out / Check-In Procedures, may be protested by the race committee and the penalty will be at the discretion of the protest committee.
- 16.5. A condition of entry and participation in this regatta is the wearing of a U.S. Coast Guard approved personal flotation device (PFD), or for international or for international competitors only, an appropriately sized PFD/buoyancy aid as approved for use in the competitors country of origin. International competitors may be required to self-certify their PFD/buoyancy aid meets the requirements of this section. All PFDs/buoyancy aids shall be properly secured at all times while on the water, except for brief periods while removing or adding clothing. All PFDs must be suitable for the competitor's weight. Wet suits, dry suits, and inflatable PFDs are not approved nor permitted as PFDs. Failure to wear a proper PFD will result in a penalty up to and including disqualification at the discretion of the protest committee. These changes are added to RRS 40, and the Preamble to Part 4 will not apply to RRS 40.
- 16.6. Competitors shall have a whistle attached to their PFD at all times while on the water.
- 16.7. Each boat shall have a secure loop in the end of its painter.

## 17. EQUIPMENT AND MEASUREMENT

- 17.1. Measurement may be made of boats at any time during the regatta at the direction of the race committee.

## 18. SUPPORT PERSON REGULATIONS

- 18.1. Coaches are expected to be good role models for young sailors and conduct themselves accordingly ashore and on the water.
- 18.2. Parents (spectators) who are on the water either in support or coach vessels are considered coaches for the purpose of SI 18. Those parents who serve on race committee vessels (including patrol and safety vessels) may not communicate in any way with their sailors or


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their coaches from the time the orange starting line flags are displayed until their sailor has finished his or her race (the “No Communication Period”). The only exception to this rule is when directed by the Principal Race Officer or they are involved with safety and rescue. During periods of time when communication with coaches and/or sailors is permissible, these parents shall not transfer any strategic or tactical information (including audio or video recordings) gained due to their advantageous location on the race course or their access to race committee communications, unless such information is made available to all sailors, coaches and other parents/supporters. Communications of a personal nature (e.g., ‘great race’, ‘get something to drink’, ‘go see your coach’, etc.) are always permissible outside the “No Communication Period”.

**18.3. General support (coach and spectator) vessel requirements:**

**18.3.1.** Support vessels shall display a numbered flag provided by the organizing authority at all times while on the water. All support vessels shall carry a VHF radio and monitor the race committee channel, VHF 79.

**18.3.2.** No ‘team’ flags, private signal flags, or any object that might be construed as a signal shall be flown from coach or support vessels while racing is underway.

**18.3.3.** Support vessels shall follow the instructions of race committee, patrol, safety, protest committee, and other race management vessels at all times.

**18.3.4.** No support vessels shall tie up to or congregate around any aid to navigation, such as buoys or channel markers, or tie up to any fixed fishing gear or fishing floats.

**18.4. Restrictions:**

**18.4.1.** All support vessels shall stay out of the racing area while boats are racing and at least 100 yards away from any racing boat, and move slowly with minimal wake, except where permitted in this instruction.

**18.4.2.** Certain support vessels may be designated as rescue craft by the Principal Race Officer or Safety Officer and given permission to enter the racing area for the purposes of rescue operations only.

**18.4.3.** When the race committee hoists (or is displaying) its orange starting line flags, all support vessels in the starting area shall proceed immediately to the waiting area and shall remain there until the race committee lowers the orange starting line flags, except that, after first and subsequent start(s) of a race, coach and support vessels may exit the waiting area and proceed slowly with minimal wake to the weather mark, only on the starboard side of the course. The race committee may close the starboard side of the course to support vessels.

**18.4.4.** There shall be no anchoring inside the course or in the vicinity of the finish line.

**18.5.** There shall be no unapproved unmanned aerial vehicle (UAV) drone flight permitted above the racing area, waiting area, coach/spectator boat zones, start line or finish line.



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## 18.6. Penalties

- 18.6.1. Competitors affiliated with any coach, parent, or spectator vessel that breaks SI 18 may be protested and penalized under RRS 41, Outside Help, in which case the Preamble to Part 4 will not apply. This change is added to RRS 41.
- 18.6.2. Coaches, parents, or spectators that repeatedly and/or intentionally break SI 18 may be subject to disciplinary actions up to and including exclusion from the venue.

## 19. ENVIRONMENT

- 19.1. Competitors and coaches are expected to comply with RRS 55. Trash may be placed aboard race committee and support vessels.

## 20. SPECIAL INSTRUCTIONS

- 20.1. Boats are required to display advertising, if any, chosen, supplied, and as instructed by the organizing authority.

## 21. DISCLAIMER OF LIABILITY

- 21.1. Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Sailing is an activity that has an inherent risk of damage and injury. Competitors participate in the Regatta entirely at their own risk. STUDIOMILANO, Miami Sailing Week, Organizing Authority, Sponsors, Support Facilities, Volunteers, Agents, Employees and Service providers, the PRO and the Committee will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the Regatta for both on the water and on land activities. By participating in this event, each competitor (owners, skippers, and crews) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 21.2. Boat parking spaces are unsupervised, therefore parking is at your own risk. The Organizing Authority, sponsors, partners and host clubs are not responsible in any possible way. By participating in this event, participants (owners, skippers, crews, coaches, parents) waive and release any and all responsibilities including but not limited to theft and damage and assume all risks to the fullest extent permitted by the law.

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 **MIAMI SAILING WEEK**

**22. PRIZES**

**22.1.** Prizes to be awarded are described in the Notice of Race Amendment 2. Additional prizes may be awarded at the discretion of the Organizing Authority (OA).

**Regatta Director**            Gabriele Pedone

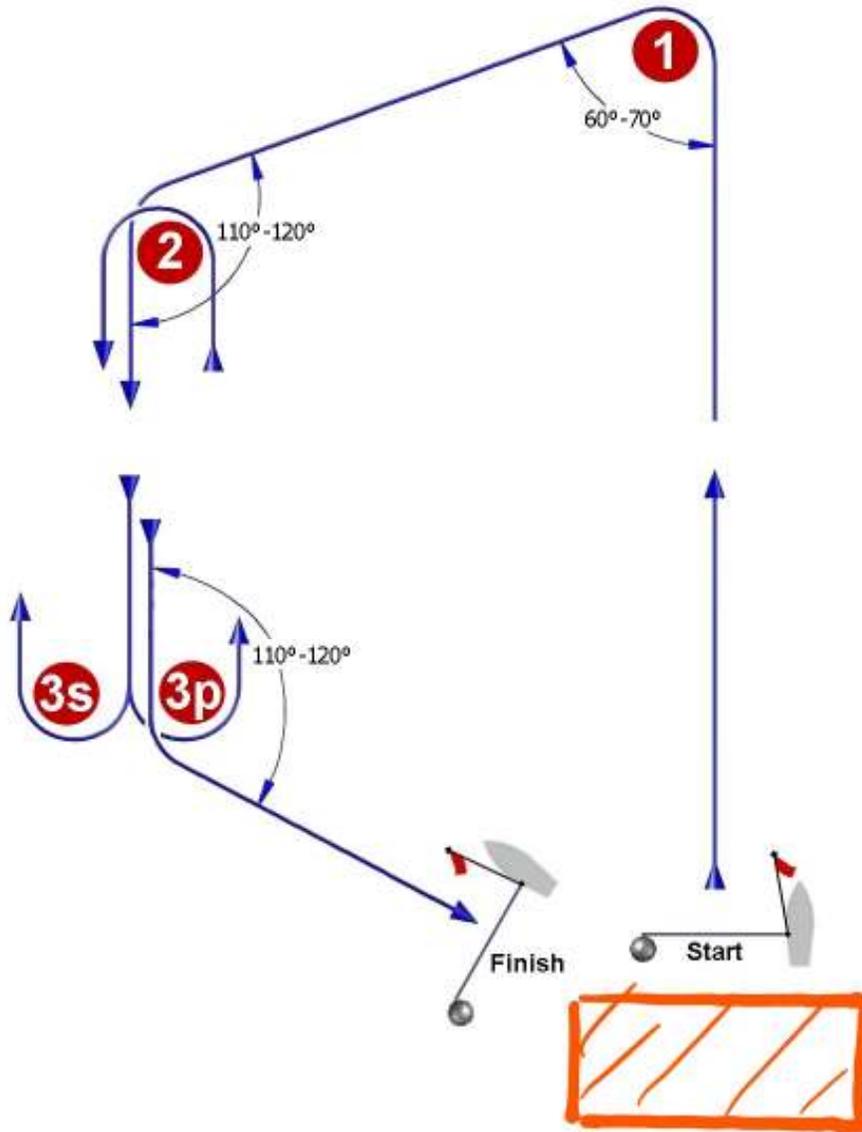
**Principal Race Officer**    Ron Rostorfer

**Scorer**                        Stacey Morris, Helen Phillips

# MIAMI SAILING WEEK

## SI APPENDIX 1 – RACE COURSE AND RESTRICTIONS

Note: There may be an inflatable mark in the middle of the starting line. If present, it should be considered a mark of the course.



**WAITING AREA**

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# MIAMI SAILING WEEK

## MIAMI SAILING WEEK

### SAILING INSTRUCTION

#### A-CATS, LASER CLASSES and 420's

(A-Cats, Standard, Radial & 4.7 Lasers and 420's)

7-10 March 2019

#### 1. RULES & ELIGIBILITY

- 1.1 This regatta will be governed by the rules as defined in *The Racing Rules of Sailing* (RRS 2017-2020).
- 1.2 Sail numbers are required to race.
- 1.3 All A-Cats are welcome.
- 1.4 All Laser size rigs, all sexes and all ages are welcome. Sailors are free to choose their rig size at registration, depending on their fitness level, height, age and weight but shall not change their selected rig size after registration. There will be trophies for the first three places for each rig size. There will be no "Open" class.
- 1.5 RRS 63.7 is changed such that if there is a conflict between the Sailing Instructions (SI) and the Notice of Race (NoR), the SI shall govern.
- 1.6 The following new rule is added:
  - 1.6.a **Informing the Race Committee:** A boat intending to protest another boat concerning an incident in the racing area that she is involved in or sees, shall, at the first reasonable opportunity after she finishes, inform the Race Committee of her intent to protest and, when applicable, the identity of the protestee.

#### 2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board located in Regatta Park Zone 1

#### 3. CHANGES IN SAILING INSTRUCTIONS

- 3.1 Any change in the Sailing Instructions will be posted before 0800 on the day on which it will take effect, except that any change to the schedule of races will be posted by the end of protest time limit on the day before it will take effect.

#### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole at the Coconut Grove Sailing Club (CGSC)

#### 5. SAILING AREA

- 5.1 Racing will take place in the vicinity of Brennan Channel
- 5.2 On Saturday March 9, the A-Cat Fleet will be on the same start line as the Laser and 420 Fleets, but with a separate course and starts.

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# MIAMI SAILING WEEK

## 6. COMPETITORS' MEETING

- 6.1 The A-Cats competitors' meeting will be held at 1830 on Wednesday, March 7 at CGSC.
- 6.2 The Laser and 420 competitors' meeting will be held at 0845 on Saturday 9 March at Regatta Park.

## 7. SCHEDULE OF EVENTS

- 7.1 Nine races per class are scheduled. One race per class constitutes a regatta.
- 7.2 There may be separate starts for individual classes or combinations of classes.
  - 7.2.a If there are separate starts, the order of starts will be displayed on a whiteboard on the stern of the RC Signal Boat.
- 7.3 The schedule of events (a more detailed schedule is included in the NoR):

### Wednesday 6 March

- 1700 A-Cat Registration/Check-in @ CGSC
- 1830 A-Cat Skippers Meeting @ CGSC

### Thursday 7 March

- 1100 A-Cat first warning

### Friday 8 March

- 1100 A-Cat first warning
- 1700 Laser and 420 Registration/Check-in @ CGSC

### Saturday 9 March

- 0915 Laser & 420 Skippers Meeting @ Regatta Park
- 0930 Launch and Sail to Course Area
- 1100 1st warning signal all classes
- 1400 No further A-Cat warning signals  
A-Cat Awards after racing

### Sunday 10 March

- 0900 Launch and Sail to Course Area
- 1000 1st warning signal
- 1400 No further warning signals  
Awards after racing

## 8. COURSES

- 8.1 Target time for courses are 40 minutes or less.
- 8.2 The diagrams in Appendix A show the courses, including the approximate angles between legs, the order in which marks are to be passed and the side on which each mark is to be left.
  - 8.2.a **Laser 4.7 L Course** will be to a shorter windward (a small yellow ball) mark.
- 8.3 No later than the warning signal, the RC Signal Boat will display on its stern the course and approximate compass bearing of the first leg.

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# **MIAMI SAILING WEEK**

8.4 When there is a gate at the leeward mark, boats shall sail between the gate marks from the direction of the previous mark and round either gate mark. If either gate mark is missing, the remaining mark shall be rounded to port.

8.5

## **9. MARKS**

9.1 Marks will be orange tetrahedrons except for Laser 4.7 Course L Mark A will be a yellow ball for a shorter weather leg.

9.2 Start and finish pins will be yellow tetrahedrons.

## **10. STARTING SIGNALS**

10.1 Races will be started using RRS 26 (Starting Systems).

10.1a If there are separate starts for individual classes or combination of classes, the class flag(s) for the starting fleet(s) will be displayed at the warning signal.

10.1b Laser Flags - (Standard=white with red symbol) (Radial= white with blue R) (4.7=Green square)  
A-Cat Flag - \_\_\_\_\_  
420 Flag=white with 420 numerals

10.1c Starting line will be between an orange flag on an RC boat at the starboard end and yellow tetrahedron on the port end.

## **11. CHANGE OF THE NEXT LEG OF THE COURSE**

11.1 To change the next leg of the course, the Race Committee will move the original marks (or the finishing line) to a new position.

## **12. THE FINISH**

12.1 The finish line will be between a staff with an orange flag on a RC boat and a yellow tetrahedron.

12.2 Flag 'A' will be displayed (with no sound) while boats are finishing indicating 'No more racing today'

## **13. TIME LIMITS**

13.1 The time limit for the first boat in a race to sail the course and finish is sixty (60) minutes.

13.2 For Laser Radials and Laser 4.7s, failing to finish within twenty (20) minutes after the first boat in their fleet sails the course and finishes, will be scored Did Not Finish (DNF) without a hearing. This change is added to RRS 35 and A5.

## **14. PROTESTS**

14.1 The RC shall post on the Official Notice Board in Regatta Park the time of landing of the RC Signal Boat, the sail number of all boats protesting and/or being protested that the RC received on the water and all boats penalized by the RC.

14.2 Protests shall be written on forms available at the Regatta Park Safety/RC Desk and filed within Protest Time Limit (60 minutes of the arrival of the RC Signal Boat at CGSC).

14.3 Protests will be heard in the approximate order in which they were received and the hearings will start as soon as practical.

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## **15. SCORING**

- 15.1 If six (6) or more races are completed, each boat's series score shall be the total of her race scores excluding her worst score.
- 15.2 When fewer than six (6) races have been completed, a boat's series score will be the total of all of her race scores.

## **16. SAFETY**

- 16.1 Life jackets must be worn by all competitors while on the water. Failure to do so is grounds for protest only by the RC. The penalty will be determined by the jury.

## **17. COACH AND SUPPORT BOATS**

- 17.1 Team leaders, coaches and other support personnel shall not be in the racing area of within 300 feet of boats racing or about to start in the next flight from the time of the warning signal for the first class to start until all boats in the same flight have finished racing or the Race Committee signals postponement, general recall or abandonment. If the jury receives a report of a violation of this rule, it may call a hearing to investigate the incident and may report the infraction to their Club and US SAILING and/or penalize boats associated with the support personnel who do so.

## **18. DISCLAIMER OF LIABILITY**

- 18.1 Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. Sailing is an activity that has an inherent risk of damage and injury. Competitors participate in the Regatta entirely at their own risk. STUDIOMILANO, Miami Sailing Week, Organizing Authority, Sponsors, Support Facilities, Volunteers, Agents, Employees and Service providers, the PRO and the Committee will not accept any liability for material damage, personal injury, or death sustained in conjunction with or prior to, during, or after the Regatta for both on the water and on land activities. By participating in this event, each competitor (owners, skippers, and crews) agrees to release the race organizers and all persons and groups listed above from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.
- 18.2 Boat parking spaces are unsupervised, therefore parking is at your own risk. The Organizing Authority, sponsors, partners and host clubs are not responsible in any possible way. By participating in this event, participants (owners, skippers, crews, coaches, parents) waive and release any and all responsibilities including but not limited to theft and damage and assume all risks to the fullest extent permitted by the law.

# MIAMI SAILING WEEK

## Appendix A Course Diagrams

### A-Cat, Laser & 420 Course Diagrams

1. **L Course**

- a. a Gate may be replaced with a single leeward mark as Mark 4
- b. L 2 Laser 4.7 course = Start - A - 4 - A - Finish
  - i. Mark A will be a short windward mark (yellow)
- c. Course L1 = Start - A or 1 - Finish

2. **O Course**

- a. Gate may be replaced with a single leeward mark as Mark 3
- b. Course O1 = Start - 1 - 2 - 3P - Finish

