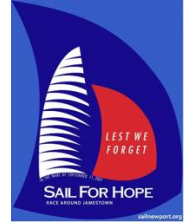




Sail for Hope

Hosted by Sail Newport
Saturday, September 28, 2024



TO BENEFIT:

American Foundation for Suicide Prevention - Rhode Island Chapter, Warrior Sailing, and
Sail Newport's Financial Aid Fund

SAILING INSTRUCTIONS

1. RULES

1.1. The 2024 Sail for Hope Regatta will be governed by the rules as defined in The Racing Rules of Sailing (RRS).

2. NOTICES TO COMPETITORS AND CHANGES TO THE SAILING INSTRUCTIONS

2.1. Notices to competitors will be posted online on the Official Notice Board at YachtScoring.com:

<https://yachtscoring.com/emenu.cfm?eID=16928>

2.2. Any change to these SIs will be posted prior to 0830 on the day of the race.

2.3. The Race Committee intends to broadcast pertinent race information on VHF Channel 79A. Failure of such information to be given or received shall not be grounds for redress. This changes RRS 62.1(a).

3. SIGNALS MADE ASHORE

3.1. Signals made ashore will be displayed from the flagpole located at Admiral's Pier at the Sail Newport Sailing Center.

3.2. Code flag "AP" is altered so that, when displayed ashore, "1 minute" is replaced with "not less than 60 minutes." This changes Race Signal "AP."

4. SCHEDULE OF RACES

4.1. The warning signal for the first class will be at 1055.

4.2. At 1045, prior to the display of course signals and subsequent Warning Signal, all boats are requested to observe a moment of silence and listen to reading of the poem, "Lest We Forget" via VHF 79A.

4.3. It is the intent of the Race Committee to run one race. The course chosen for each class will be displayed from the Race Committee Signal Boat.

5. RACING AREA

5.1. The Race Committee will rendezvous in the vicinity to the South of Rose Island in the East Passage of Narragansett Bay, south of the Newport (Pell) Bridge. Please use the South Bay Race Chart found in [this link](#):

6. ON THE WATER CHECK-IN

6.1. Prior to her initial Warning Signal, each boat shall check in with Race Committee Signal Boat by sailing astern of the Signal Boat on starboard tack and hailing her sail number until acknowledged. A boat failing to properly check in may be scored Did Not Compete (DNC) without a hearing. This changes RRS 35 and A5.

7. STARTING AND FINISHING

7.1. The starting line will be in the rendezvous area, between a staff displaying an orange flag on the Signal Boat and the course side of a nearby MarkSetBot.

7.2. Races will be started in accordance with RRS 26. Class Flags will be as designated on the scratch sheet.



7.3. Example Starting Sequence:

Signal	Flag	Sound	Minutes to Start
Warning	Class Flag posted	1 sound	5
Preparatory	Code flag "P" posted	1 sound	4
One-minute	Code flag "P" removed	1 long sound	1
Start	Class flag removed	1 sound	0

Unless otherwise communicated, the initial Warning Signal for each succeeding class shall be made with the starting signal of the preceding class.




7.4. The finishing line will be in the vicinity of the starting area South of Rose Island between a staff displaying a blue flag on the Signal Boat and the course side of a nearby MarkSetBot.

8. CLASSES

8.1. FINAL class splits will be posted at 1200 on Friday September 27th on the Official Notice Board at yachtscoring.com.

8.2. Boats are asked to display the class flag of their fleet on their backstay. (J/22 and VXOne classes do not need to fly class flag)

8.3. The class flags will be as follows:

Start Order	Class	Class Flag
1	PHRF Spinnaker 1	
2	PHRF Spinnaker 2	
3	PHRF Spinnaker 3	
4	PHRF Spinnaker 4	
5	PHRF Non -Spinnaker1	
6	NEMA Multihull	
7	Sail Newport J/22 (Both Spinnaker and Non Spinnaker Start together)	
8	VX One	

9. COURSES

The course options and the order of marks to be rounded are listed below. The chosen course for each class will be displayed from the Signal Boat and announced on VHF Channel 79A.

Course 'C' "Around the Island Race"	Course 'O' "East Passage Course"
<ul style="list-style-type: none"> Start "NR" Bell (650 yards SW of Beavertail Point)- Starboard GC "5" buoy (1000 yards NW of Conanicut Point)- Starboard R "2" Bell (1200 yards NE of Conanicut Point)- Starboard R "12" Bell (100 yards SW of Rose Island)- Port 	<ul style="list-style-type: none"> Start R"12" Bell – Starboard GR Can (NE of Halfway /Fiske Rock)- Port G "9" Gong (East of Bull Point/Ft. Wetherill (Jamestown))- Port GR "EP" (North of the Newport (Pell) Bridge) -Starboard R "12" (SW of Rose Island)- Port



<p><u>Course 'CR' "Around the Island Race Reversed"</u></p> <ul style="list-style-type: none"> • Start • R "12" Bell (SW of Rose Island)- Starboard • R "2" Bell (1200 yards NE of Conanicut Point)- Port • GC "5" buoy (1000 yards NW of Conanicut Point)- Port • "NR" Bell (650 yards SW of Beavertail)- Port 	<p><u>Course 'OR' "East Passage Course Reversed"</u></p> <ul style="list-style-type: none"> • Start • G "9" Gong (E of Bull Point/Ft. Wetherill (Jamestown))- Starboard • GR Can (NE of Halfway/Fiske Rock)- Starboard • R "12" (SW of Rose Island)- Port
<p><u>Course 'G' "Gould Island Course"</u></p> <ul style="list-style-type: none"> • Start • Gould Island- Boats may opt to round Gould Island in either direction. • Special Race Mark "D" N.W. of Hammersmith Farm - Port 	<p><u>Course 'GR' "Gould Island Course Reversed"</u></p> <ul style="list-style-type: none"> • Start • Special Race Mark "D" N.W. of Hammersmith Farm - Port • Gould Island- Boats may opt to round Gould Island in either direction. • R "12" (SW of Rose Island)- Port

- 9.1. The race committee may elect to set a course using the South Bay Race Chart and not just those courses listed on the sailing instructions. In the event that the race committee chooses to use South Bay Race Chart course marks, they will announce the marks on VHF 79a in order of rounding and to which side the mark should be rounded. That course announcement will be made approximately 15 minutes prior to the initial Warning Signal.
- 9.2. Gould Island is added as a mark of the course if using the South Bay Race Chart buoys and will be labeled as "G" on the course board if used as a turning mark of any course.

10. BRIDGES AND EXCLUSION ZONES

- 10.1. For all courses and all classes, passage under the Newport (Pell) Bridge shall be made through the center three spans only. Passage through the Jamestown (Verrazano) Bridge shall be made through the center span only.
- 10.2. The Exclusion Zone (charted on NOAA chart #13221) along the naval facilities at Coddington Cove must be honored at all times.

11. PENALTY SYSTEM AND PROTESTS

- 11.1. RRS 44.1 is amended so that "One-Turn Penalty" replaces "Two-Turns Penalty". Any boat having taken a penalty is asked to advise the Race Committee upon finishing.
- 11.2. Due to the nature of the event, protests are highly discouraged. However, any boat wishing to file a protest must notify the Race Committee of her intention to protest including boat(s) protested upon finishing.

12. RETIRING FROM A RACE

- 12.1. A boat that wishes to retire shall notify the Race Committee before leaving the course area via VHF Channel 79A or, if unable to do so, by calling Sail Newport (401-849-8385).

13. SCORING

- 13.1. The Low Point Scoring System of Appendix A will apply.

14. TIME LIMIT

- 14.1. The time limit for all boats will be 1700 hours. Any boat finishing after 1700 hours will be scored TLE equal to finishers in their class plus 2. This changes RRS 35.

15. NOTES

- 15.1. Restricted Channels: Competitors are reminded that Narragansett Bay and its approaches are considered restricted channels for commercial traffic and other vessels restricted in their ability to maneuver. Competitors must comply with the government right-of-way rules when in proximity to commercial or privileged marine traffic.





Sail For Hope is a fundraiser and every year, charities are selected to be the beneficiaries of the regatta. For 2024, designated charities will receive donations from the regatta and the after-racing fundraising social event. Donations are recruited by sailing crews and members of the community.

"[The American Foundation for Suicide Prevention Rhode Island Chapter](#) (AFSP-RI) is pleased to be one of the recipients of the generous donations from Sail for Hope. The funds donated will provide critical support that will allow AFSP-RI to provide free suicide prevention programs and resources, advocacy work for mental health and suicide prevention legislation, and support and resources for suicide loss survivors in Rhode Island," says Kerrie Constant, area director AFSP-RI.

A second organization receiving funding from Saturday's race is **Warrior Sailing**. The nonprofit provides maritime education and outreach for wounded, ill, and injured service members and veterans. They facilitate opportunities for skill development and build partnerships between the military and marine communities. Sailing is their platform to impact participants' physical and mental health positively. Warrior Sailing reconnects veterans to the camaraderie and teamwork previously found in military service.

"Warrior Sailing's impact on veterans through sailing is powered by donations, and we are so grateful for Sail for Hope to include us again. We are excited to work together with the Newport sailing community to help us raise awareness and funds for our mission. The funds raised during this event will continue our mission of providing life changing events from our basic training camps and 'beyond camps' opportunities," says, Ben Poucher, national director, Warrior Sailing.

Also, [Sail Newport](#) will receive funding from this year's Sail for Hope. Sail Newport has long provided affordable, deeply discounted, and often free programs to the community as central to their mission to foster the sport of sailing and provide public access to Narragansett Bay.

"The Financial Aid Fund directly supports Sail Newport's mission to provide community access to sailing for all. We regularly hear from parents and guardians about the significant impact the financial aid awards have in enabling their children to pursue a sailing opportunity that otherwise would be out of reach financially. We are grateful that the generosity of our donors makes the Fund possible," says Eve Formisano, director of development, Sail Newport.

Lest We Forget

With proud thanksgiving, a mother for her children,

They shall not grow old, as we that are left grow old:

America mourns for her dead.

Age shall not weary them, nor the years condemn.

Flesh of her flesh they were, spirit of her spirit,

At the going down of the sun and in the morning

We will remember them. We will remember them.

From the poem "For the Fallen," by Laurence Binyon in 1914

Adapted by Scotty Murray, 2001

