

**ILCA District 7 Regatta
Duck Island Yacht Club
Westbrook, CT
Saturday, September 7, 2024**

Sailing Instructions

1 RULES

- 1.1 The event is governed by the rules as defined in the Racing Rules of Sailing (RRS).
- 1.2 Boats may be sailed with non-class sails as long as the sailmaker's certification that the sails do comply with Laser Class dimensions and cloth weights is made available. This changes ILCA class rules.

2 CHANGES TO SAILING INSTRUCTIONS

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATIONS WITH COMPETITORS

Notices to competitors will be posted on the official notice board located online at <https://yachtscoring.com/emenu.cfm?eID=16770>.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the flagpole located on the deck at the Duck Island Yacht Club.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 45 minutes' in Race Signals AP.

5 SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for the first race is 1200.
- 5.2 No warning signal will be made after 1630.
- 5.3 After the first race, to alert boats that a race will begin soon, the race committee will sound multiple horns one minute before the warning signal is made.

6 CLASS FLAG

The class flag, for starting purposes, will be numeral pennant one.

7 RACING AREA

Racing will take place in the waters of Duck Island Roads.

8 COURSES

See Appendix A.

9 MARKS

- 9.1 Rounding marks will be orange inflatable marks.
- 9.2 Start and finish marks will be yellow inflatable marks.
- 9.3 Change marks will be yellow inflatable marks.

10 THE START

- 10.1 Races will be started using US Sailing Prescription Appendix U – Audible-Signal Racing System (3 minute starting sequence) with an alert (5 short horns) 15 seconds before the warning signal.
- 10.2 The starting line is between a staff displaying an orange flag on the RC signal vessel at the starboard end and the course side of the port end starting mark.
- 10.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a redress for request. This changes RRS 62.1(a).
- 10.4 A boat that does not start within five minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

11 CHANGE OF THE NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the Race Committee will lay a new mark or move the existing mark. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.
- 11.2 The Race Committee may change the course by up to five degrees in bearing and/or 0.2 nm in length without a signal or change of mark color. This changes RRS 33.

12 THE FINISH

The finish line is between a staff displaying an orange flag on the RC signal vessel at the starboard end and the course side of the port end finish mark.

13 PENALTY SYSTEM

US Prescription V1 – PENALTY AT THE TIME OF AN INCIDENT will apply.

14 TIME LIMITS

The time limit for the first finisher will be sixty minutes (60) from the start. Boats finishing more than fifteen minutes (15) after the first vessel has finished will be scored TLE and scored points equal to one place more than the place of the last boat to finish within the finishing window.

15 HEARING REQUESTS

15.1 The protest time limit is thirty minutes (30) after the RC Signal boat docks. The time will be posted on the official notice board.

15.2 Hearing request forms are available at Duck Island Yacht Club.

15.3 Hearing times will be posted on the Official Notice Board as soon as possible after the protest time limit.

16 SCORING

16.1 When fewer than 6 races have been completed, a boat's score shall be the total of her race scores. This changes NOR 10.1.

16.2 One race shall constitute a regatta.

17 SAFETY REGULATIONS

17.1 Life jackets shall be worn at all times while racing.

17.2 A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

18 PRIZES

Prizes will be awarded to the top three overall finishers for ILCA 7 and ILCA 6 classes.

19 RISK STATEMENT

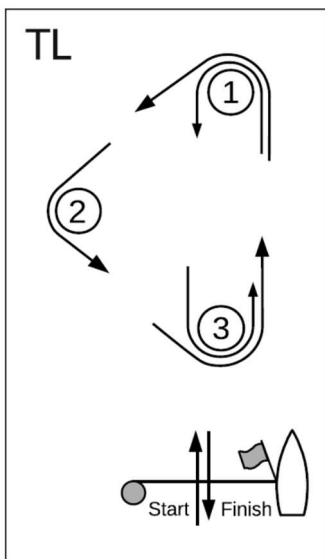
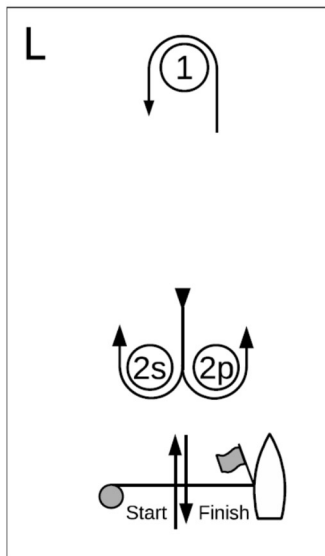
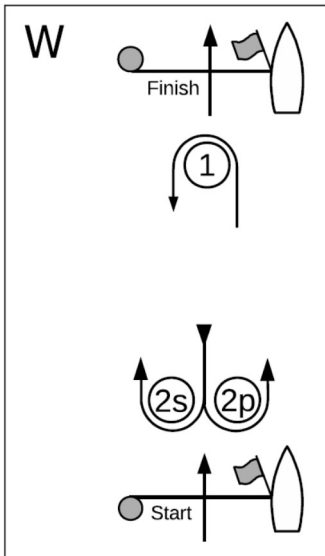
19.1 RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.

19.2 The OA will not accept any liability for material damage or personal injury or death sustained in conjunction with, or prior to, during, or after the regatta

20 INSURANCE

Each participating boat shall be insured with valid third-party liability insurance.

APPENDIX A



In the event that the gate marks are not in place, the existing leeward mark shall be rounded to port