



2024 NAASA F18 League

June 8-September 8, 2024
Narraganset Bay, Rhode Island

SAILING INSTRUCTIONS

1 Organizing Authority

1.1 Narragansett Adult Athletic Sailing Association ([NAASA](#))

2 Rules

- 2.1 The NAASA Race Days will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 2.2 Each competing boat shall conform to the F18 Class Rules with the exception that **the F18 Class rule C.3.2 regarding minimum crew weight does not apply** for this series.
- 2.3 Official documents, including sailing instructions and course descriptions, will be available online only (via [yachtscoring.com](#)). Paper copies will not be provided.
- 2.4 Radios may be used for the purposes of safety and receiving pertinent race information. Class rules restricting the use of radios for these purposes shall not be grounds for protests by a boat. This changes RRS 60.1(a).
- 2.5 Possession and/or consumption of alcohol is not permitted at Fort Adams.
- 2.6 For those events included in F18 League not run by NAASA – event specific rules apply.

3 Notices to Competitors

- 3.1 Notices will be posted on the Official Notice Board ([yachtscoring.com](#))
- 3.2 Courtesy notices may be provided to the sailors@sailnaasa.org distribution list

4 Changes to the Sailing Instructions

- 4.1 Any change to the Sailing Instructions (SIs) will be posted before 0930 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

5 Schedule for NAASA Events

- 5.1 Targeted 1st Warning Signal will be at 1200 noon unless otherwise communicated
- 5.2 RC shoreside communications will be via the sailors@sailnaasa.org email list. Any go/no-go notifications will be made before 0930 of that race day
- 5.3 Fleet communication on the water will be made using either VHF CH72 or CH68 depending on local traffic. The RC may consult with a designated sailor representative as needed.
- 5.4 Sunday race days will have no warning signals after 1530.

6 Signals Made Ashore

- 6.1 Signals made ashore will be displayed upon the flagpole located by the Sail Newport ramp
- 6.2 When flag AP is displayed ashore "1 minute" is replaced with "not less than 60 minutes" in race signal AP.



7 Race Area

7.1 Target area is immediately north of Gould Island in Narragansett Bay.

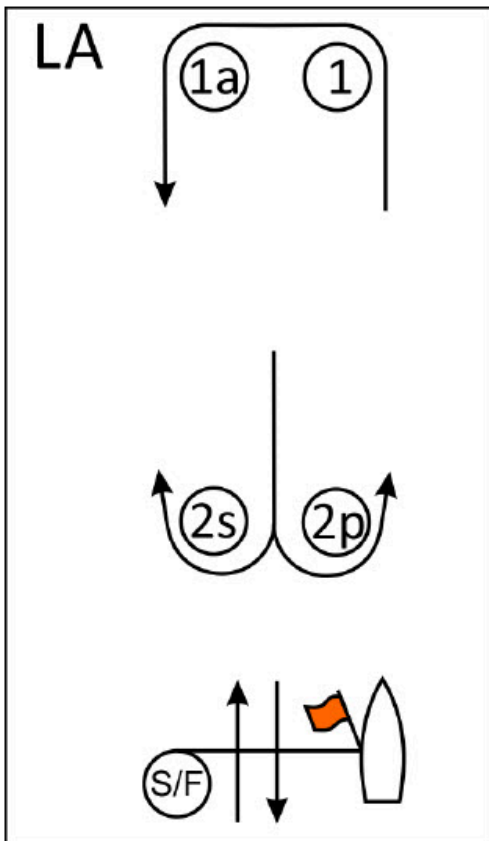
7.2 Race areas may be adjusted by RC based on conditions, traffic and other events.

8 Courses

8.1 Two types of courses may be used, Windward/Leeward or Distance as described below.

8.1.1 Windward/Leeward courses. Typically LA2 - 2 laps, with a single start/finish line, a standoff buoy after the windward mark and gate at the end of the 2nd leg that can be ignored on the final leg to the finish line.

8.1.2 In the event exact buoy placement for the described course is not possible, best efforts will be made to represent a similar course (S/F mark may substitute as leeward mark, etc). Confusion will not be grounds for individual redress.



Course LA – Windward/Leeward with Offset Mark, Leeward Finish	
Signal	Mark Rounding Order
LA2	Start – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA3	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish
LA4	Start – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – 2s/2p – 1 – 1a – Finish

8.2 Distance courses will consist of rounding various islands and government or Race Committee (RC) marks described by the Race Committee before the Warning Signal.

9 Start

9.1 Races will be started by using RRS 26 5-minute sequence with the exception that the NAASA F18 Flag will be used for the Warning signal.

9.2 A boat starting later than 4 minutes after her starting signal will be scored DNF.



9.3 The Race Committee will raise X flag and attempt to notify, but will not be obligated to make VHF transmissions for Individual Recalls.

10 Marks

10.1 The racing marks of the course will be the following:

Start/Finish	Orange flag on the port side of the RC vessel. Yellow tetrahedron mark
1	Yellow tetrahedron mark
1a	Orange cylinder mark
2s/2p	Yellow tetrahedron marks
Note that limited RC resources may dictate dual-purpose marks (IE starting pin may also be used as a leeward gate mark). Mark color and shape may alter based on availability.	

11 Shortening or Abandoning

- 11.1** If the race is shortened, RC will display S Flag and finish boats as they pass through the line made by the gate
- 11.2** RC may make a courtesy broadcast
- 11.3** The shortened course shall be signaled before the first boat crosses the finishing line.

12 Prizes

- 12.1** Prizes for NAASA F18 League will be awarded at the NAASA annual meeting.
- 12.2** Intermediate prizes at each NAASA event may be awarded, at the discretion of the OA

13 Safety and Safety Equipment

- 13.1** All competitors will be required to wear high-vis color rash guards and a properly secured PDF at all times, from the time the boat leaves the dock to the time the boat returns to the dock, unless temporarily adding or removing clothing. Wet suits, dry suits and inflatable PFDs do not constitute adequate personal flotation.

14 Disclaimer of Liability

- 14.1** By participating in this series and any related activity sponsored or undertaken by NAASA originating at Sail Newport or elsewhere, the owner, helmsman and each crew member agree: that they understand that sailing is an activity that has an inherent risk of serious bodily injury (including permanent disability, paralysis and death by drowning or otherwise), property damage and other economic loss; that the safety of the boat and her crew and the decision whether or not to start or continue to race is solely their responsibility and at their own risk (see RRS 3 – “Decision to Race”); that NAASA or Sail Newport, and its volunteers, officers, trustees, members, committees, employees, sponsors or agents will not be responsible for damage to any boat or other property or to any participant, including injury or death; and that each of them releases and waives all claims which he or she or any heir, representative, successor or assignee may have against NAASA, Sail Newport and its volunteers, officers, trustees, members,



committees, employees, sponsors or agents arising out of or in any way connected with participation in such race or activity.

15 Further Information

NAASA President: Tripp Burd 781-775-1381 | tripp.burd@gmail.com

Race Committee PRO: Cushing Anderson 617-510-1955 | cushing.anderson@gmail.com

Sail Newport: 401-846-1983 | U.S. Coast Guard: VHF Channel 16