



2024 Sailing Instructions

[NP] in a rule means that a boat may not protest another boat for breaking that rule.

[DP] in a rule means that the penalty for a breach of that rule may be less than DSQ.

1. RULES

- 1.1 Races will be governed by The Racing Rules of Sailing, including the US Prescriptions thereto. The following rules are changed:
 - rules 26, 29.1, and 60.1(b), see SI 2, SI 11 and SI 12
 - rule 27.1, see SI 8
 - rule 44.1, and 64.1, see SI 14
 - rule 35, A5.1, and A5.2, see SI 15 and SI 18
 - rule T4, see SI 17
 - rule 63.1, see NoR 4.3
- 1.2 The current PHRF Regulations as administered by the Yacht Racing Association of Long Island Sound (YRALIS) PHRF Weight Limits will not be in effect.
- 1.3 The US Sailing Safety Equipment Regulations for Nearshore events.
- 1.4 Appendices T and V apply.
- 1.5 The Breakwater Irregulars' General Conditions-Prize Rules posted on the www.yachtscoring.com Breakwater Irregulars webpage (YS)
- 1.6 All competitors are encouraged to download and use RaceQs [\[https://raceqs.com/\]](https://raceqs.com/)

2. NOTICES TO COMPETITORS

- 2.1 The Official Notice Board (ONB) will be the YS page https://yachtscoring.com/event_documents.cfm?eid=16282. Any Notices to Competitors posted on the ONB will also be emailed to the competitor's email address provided on their entry form.
- 2.2 The race committee may make broadcasts on VHF channel 05A for communications to competitors before or during racing.

3. CHANGES IN SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted on the ONB and e-mailed to the fleet no later than the Friday of the week before the Tuesday on which they take effect.

4. SIGNALS MADE ASHORE

For safety reasons, signals made ashore will be flown from the Signal Vessel while at the dock, and broadcast over VHF 05A.

5. SCHEDULE OF RACES

Races will be conducted on each Tuesday evening, beginning on May 14th and ending on August 27th. The first signal will be made at 1900.

6. CLASS FLAGS

- 6.1 Each boat intending to race shall display her class numeral pennant from her backstay. Classes are designated on the Scratch Sheet posted on the event page on YachtScoring.
- 6.2 Each boat may fly the BI burgee from a starboard shroud, but not above the lower spreaders.

7. THE RACING AREA

- 7.1 The racing area will be the waters of Long Island Sound southerly of Stamford and Greenwich.
- 7.2 Before the first scheduled start, all boats shall rendezvous with the RC boat at Bell R"32" (The Cows).

8. THE COURSE

- 8.1 The course for each class will be signaled on a course board mounted on the signal boat.
- 8.2 Marks shall be rounded in succession in the displayed order from left to right. It is the intention but not the obligation of the race committee to announce the course via radio.
- 8.3 At, or prior to the first warning signal, the course for the first class will be signaled. The course for each succeeding class, if it is to change, will be displayed no later than the preparatory signal for the succeeding class. This modifies rule 27.1.
- 8.4 Display of code flag "2nd Repeater" along with the course signals, or the digital display of  after them, indicates that the course is to be sailed twice around with the start mark ( or R`32") being treated as a turning mark of the course.

9. THE MARKS

- 9.1 The marks are designated as follows:

Board	Mark
	Green Gong "15" Lloyd Point
	Green Bell "17" Oyster Bay
	Red Bell "32A" Mid Sound
	Red Nun "34" Greenwich Point
	Bell "1" Little Captain's Island
	Green Gong "1" Stamford Harbor
	Red Bell "32" The Cows
	Starting Mark

- 9.2 Marks shall be rounded so that the boat's "string line" to the next mark does not cross the "string line" from the previous mark. (see definition "Sail the course")
- 9.3 When the designated course is reciprocal, (e.g., out and back) the mark shall be left to Port.
- 9.4 After the first leg, if any later leg is a reciprocal of the preceding leg (e.g., Start-C-G-C-Finish), the turning mark between them shall be left on the same side as the mark beginning the reciprocal legs. In the example, G is to be left to starboard.

10. CHECK-IN

Before its class Prep signal, each boat shall approach the stern of the Signal Vessel and declare her intention to start. Boats shall NOT check in by radio.

11. THE START

11.1 The starting line will be between a staff displaying an orange flag (line flag) on the signal boat and the course side of Red Bell 32, or a temporary mark (B) set by the RC.

11.2 When the starting line is set, the RC will display the line flag.

11.3 STARTING SEQUENCES

11.3.1 5 minutes before the first warning, code flag "F" will be displayed with one sound signal. This adds to rule 26.

11.3.2 The RC may elect to start two or more classes simultaneously – watch the flags and listen for announcements.

11.3.3 The RC may elect to use an audible-signal start system. The timing of the audible signals will be the same as described in Rule 26. A series of short sounds will indicate that the warning signal is about to sound. Radio announcements of the classes to start will be made prior to the first warning. The significance of each audible signal will be announced. This changes rule 26 and Appendix U3.

11.4 [DP] Boats whose Preparatory Signal has not been made shall keep clear of the starting area and of all boats whose Preparatory Signal has been made. Violation of this rule is subject to protest by the race committee.

11.5 [NP] A boat shall not start later than 15 minutes after her starting signal.

12. RECALLS

In the event of an Individual Recall, infringing boat(s) may be recalled by name or sail number over VHF channel 05A. Failure of an OCS boat to hear a recall announcement or failure of the RC to make such an announcement or the order of the calls made shall not be grounds for redress. This changes rule 29.1 and 60.1(b).

13. THE FINISH

13.1 The finish line will be between a staff displaying a blue flag on the signal boat and a nearby mark, except as may be modified by 13.2.

13.2 The race may be shortened at any mark of the course. If the race is intended to be shortened for one or more classes, but not all, that or those class' code flag(s) will be displayed below code flag "S."

13.3 At the finish, each boat is responsible for making sure the RC has established positive identification.

14. PENALTY SYSTEMS

14.1 Appendix V shall apply.

14.2 (DP) Penalties for breaches of non-Part 2 rules may be less than DSQ if the protest committee so decides.

15. TIME LIMIT

15.1 The time limit for all classes to finish is 2130.

- 15.2 If a single boat is unduly delaying the completion of a race, the RC may order the race terminated and score that boat in place. This changes rules 35, A5.1, and A5.2.
- 15.3 A boat withdrawing from the race must, as soon as practicable, report to the RC either by sailing by or over channel 05A and wait for acknowledgement.

16. PROTESTS & REQUESTS FOR REDRESS

- 16.1 Immediately after finishing or withdrawing, a protesting boat shall verbally inform the RC of her intention to file a protest. This adds to rule 60.
- 16.2 Protests must be filed in writing and postmarked no later than 2359 the day after the race. Protests shall be emailed to Chris Hynes at CJHynes@gmail.com .

17. ARBITRATION

- 17.1 Arbitration will be held in accordance with Appendix T.
- 17.2 One representative from each boat will meet with an arbitrator unless the protestor requests that the protest be withdrawn. In the discretion of the arbitrator, this meeting may be held on Zoom or a similar platform.
- 17.3 Should the recommendation of the arbitrator not be accepted, the protest will proceed to a hearing. The arbitrator will not be a member of the protest committee that hears the protest but will be permitted to observe the testimony given and offer testimony. This adds to T4.
- 17.4 It is intended that protests be heard at 1900 at a location selected by the protest committee on a date to be determined by the parties in conversation with the arbitrator. In the discretion of the protest committee, the hearing may be held on Zoom or a similar platform. It is intended but not required that such hearing be scheduled within 15 days following the race in which the protest occurred.

18. SCORING & PRIZES

- 18.1 A boat's series score will be the total of her best race scores comprised of the next whole number more than half of the races held.
- 18.2 Boats failing to finish within the time limit will be scored DNF and scored points equal to the number of finishers in that race plus one. This changes rule A5.2.
- 18.3 Prizes will be awarded per the current "General Conditions-Prize Rules" posted on YS and the perpetual awards posted on www.breakwaters.org.

19. SAFETY

- 19.1 See Sailing Instruction 1. The RC may randomly inspect selected boats to check for compliance with safety equipment requirements.
- 19.2 In situations wherein a competitor is in need of assistance, the RC is to be notified via channel 05A. Rule 1.1: A boat, competitor or support person shall give all possible help to any person or vessel in danger.

20. RADIO COMMUNICATION

- 20.1 It is the intention of the RC to monitor channel 05A during all races. If a skipper is unsure if a race will be held due to weather conditions, the RC may be contacted on channel 05A beginning at 1800, or by telephone to the SYC Dock House at 203 348-2575.
- 20.2 Rule 41, OUTSIDE HELP, is changed by adding: (e) Help in the form of information freely available to all boats even if that information is only accessible at a cost. "At a cost" help shall not include private forecast or tactical advice, or information customized for a particular boat or group of boats and/or her/their situation.