



Fifth Annual Distance Race
Organizing Authority: American Yacht Club, Rye, NY
Sunday, July 2, 2023
Sailing Instructions (SIs)

The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

1 RULES

- 1.1 The event is governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.
- 1.2 [NP] All boats are cautioned to observe the Navigation Rules of the Road and to yield the right of way to vessels restricted in their ability to maneuver, especially tugs and barges. Any boat observed to impede such traffic may be protested by the race committee.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

3 COMMUNICATION

- 3.1 Notices to competitors will be posted on the official notice board located at <https://yachtscoring.com/emenu.cfm?eID=16091>.
- 3.2 [DP] Each boat shall carry a radio capable of transmitting and receiving VHF channels 16, 69, and 71.
- 3.3 On the water, the race committee intends to make courtesy broadcasts to competitors on VHF channel 71.
- 3.4 [DP] While racing, except in an emergency or as stated in NoR 1.3(b), a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats. This includes mobile communications.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from a flag halyard on a race committee signal boat at a dock at American Yacht Club. When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5 SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for the non-spinnaker classes is 1525.

5.2 The scheduled time of the warning signal for the spinnaker classes is 1545.

5.3 One race is scheduled.

6 CLASS FLAGS AND DIVISIONS

6.1 Each boat shall display the pennant for her class on her backstay. Doublehanded yachts will start with other yachts of its same spinnaker class.

<u>Division</u>	<u>Class</u>	<u>Class Flag</u>
Division 1	Non-Spinnaker	Numeral Pennant 1
Division 2	Spinnaker	Numeral Pennant 2

7 RACING AREA

7.1 The signal boat at the start will be located approximately 0.75 nm Southwest of Bell 42 off Mamaroneck Harbor. All boats shall sail by the stern of the signal boat prior to her warning and check in.

8 COURSES

8.1 The marks will be those that are listed on Appendix A to these Sailing Instructions. The course will be designated by displaying an easel board on the race committee signal boat. Marks shall be rounded in the order displayed on the course board reading from top to bottom. The numeral 2 following the letters on the course board means that the course displayed shall be sailed twice around. The race committee signal boat will announce the course on VHF channel 71 before the first warning signal. Unless the race committee signal boat provides a different instruction, all marks should be rounded to port.

9 THE START

9.1 The scheduled first warning signal for Division 1 (Non-Spinnaker fleet) will be at 1525. The scheduled warning signal for Division 2 (Spinnaker fleet) will be at 1545.

9.2 The starting line will be between the course side of an orange mark and a staff with an orange flag on the race committee signal boat.

9.3 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to hail her sail number on VHF channel 71. Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a request for redress. This changes RRS 62.1(a).

9.4 A boat that withdraws before the start or retires from a race for any reason shall notify the race committee signal boat at the earliest opportunity on VHF channel 71. A boat may also call 914-967-4800 if unable to communicate by radio with the race committee

10 THE FINISH

10.1 The finish line will be between the course side of an orange mark and a staff with an orange flag on the race committee signal boat. It is requested from all competitors to radio in on VHF channel 71 once passing Red Bell 42 (Mark "B" in SI Appendix A) on the way to the finish to identify their yacht both by name and sail number.

11 PENALTY SYSTEM

- 11.1 Appendix T, Arbitration, will apply as changed. At the end of T4, Arbitration Meeting Outcomes, add:
(c) The first sentence of 63.3(a) is changed to “A representative of each party to the hearing and the Arbitrator, if arbitration has been conducted, have the right to be present throughout the hearing of all the evidence.”
- 11.2 For all classes: US Sailing Prescription Appendix V, Rule V1 shall apply.

12 TIME LIMITS

- 12.1 The time limit for all boats to finish is 2100 on July 2nd, 2023. Boats that have not finished by that time will be scored DNF. This changes RRS 35.

13 HEARING REQUESTS

- 13.1 Protest forms shall be delivered to the front desk at American Yacht Club within one hour after the later of race committee finish boat or signal boat docks. The protest time limit and a list of protests received will be posted on the official notice board and the race committee bulletin board on the American Yacht Club front porch. Hearings will be held at American Yacht Club at a time and date scheduled by the American Yacht Club Protest Committee, which shall be prior to the awarding of trophies for the event.
- 13.2 Notices will be posted no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the trustee’s room of the American Yacht Club, beginning at the time posted.

14 SCORING

The race committee will post results on the race Committee bulletin board and on the official notice board on yachtscoring.com after the completion of racing

15 MOORINGS

- 15.1 A limited number of moorings maybe be available. Reservations are essential with the holiday weekend. Contact Bud Puterbaugh, AYC Harbor Captain, by email at bputerbaugh@americanyc.org for rates and availability.

16 PRIZES

- 16.1 Prizes will be awarded for first, second, and third place in each division.

17 RISK, RESPONSIBILITY FOR SAFETY, WAIVER & RELEASE

- 17.1 RRS 3 states: ‘The responsibility for a boat’s decision to participate in a race or to continue to race is hers alone.’ By participating in this event and any related activity sponsored, undertaken, administered, managed, or allowed to be conducted by American Yacht Club, the owner, helmsman and each crew member agree, understand and accept, for themselves and their respective successors, assigns, representatives, administrators, executors, agents, heirs or any person acting or purporting to act on their behalf (“Releasers”) that sailing is an inherently dangerous and unpredictable activity due to multiple factors that cannot be anticipated or predicted with certainty, including but not limited to weather, equipment failure or malfunction, and the actions of others on or off the water, injury, sickness and disease (including communicable diseases such as Covid-19). Releasers also agree, understand, and accept that sailing presents inherent risks of serious bodily injury (including permanent disability, paralysis, and death, whether by drowning or otherwise, sickness and disease

(including communicable diseases), property damage and other economic loss. Accordingly, and in consideration for being permitted to enter into and participate in this or any other sailing event sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club, Releasors forever release and waive, to the fullest extent allowed by law, any and all claims, actions, accounts, causes of action and choses in action, whether in law, equity or admiralty, that Releasors now have, may have had or may come to have, against American Yacht Club, including its officers, directors, trustees, members, employees, agents, volunteers, staff, committees, and anyone acting on its behalf (“Releasees”), for anything arising out of or relating to Releasors’ participation in such sailing events (including contracting communicable diseases such as Covid-19). Notwithstanding anything to the contrary, and without in any way limiting or lessening the effect or breadth of the foregoing release and waiver, and solely for the avoidance of doubt and clarification, Releasors agree, acknowledge and understand that this release and waiver applies to any and all claims of any kind at all against Releasees arising out of or relating to injuries, deaths, sickness and disease (including communicable diseases such as Covid-19), damage to vessels or damage to personal property sustained during or as a result of any and all sailing events sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club.

18 INSURANCE

18.1 Each participating boat shall be adequately insured with current, valid third-party liability insurance that is appropriate taking into account the value of the boats racing and the type of racing.

19 GREEN REGATTA

19.1 In an effort to promote sustainability and reduce the amount of waste in Long Island Sound, competitors are encouraged to utilize reusable water bottles and avoid the use of any single-use plastics.

20 FURTHER INFORMATION

20.1 For further information please contact:

American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580
Phone: (914) 967-4800 www.americanyc.org
Email: aycrc@americanyc.org

Don Dowd	Event Chair and Principal Race Officer
Andrew Giglia & Barry Gold	Race Committee Co-Chairmen
Rob Fear & John Fryer	Protest Committee Co-Chairmen
Mark Ploch	Technical Committee Chairman

Appendix A

MARKS FOR THE DISTANCE RACE

A1.1 Marks for the Distance Race will be designated as follows:

A N "40A" Scotch Caps	G G "23" Sands Pt	O G "17" Oyster Bay	U G "1" Greenwich
B R "42" Mamaroneck	I N "4" Prospect Pt	P G "15" Lloyd Pt	Y R "38" Playland
C C "1" Delancey Pt	J R "6" Mott Pt	Q GR C "E" Eatons Neck	
D G "1" Larchmont	K C "1" Weeks Pt	R R "28C" Norwalk	
E R "2" Larchmont	M G "21" Matinecock Pt	S R "32" Stamford	
F C "1" Execution Rocks	N C "19" Oak Neck Pt	T R "32A" Mid-sound	X Drop Mark

A1.2 **Mark X**, if signaled, will be a **White** inflatable tetrahedron and located at a bearing and range from the race committee signal vessel as displayed on the course board. Mark X may be used anywhere in the course.

A1.3 The following chart shows the approximate location of the marks. It is not intended to be used for navigation.

