



# 2023 LYRA 8mR Championships

Friday, August 4<sup>th</sup> to Sunday, August 6<sup>th</sup>, 2023 (Three Days)

## Organizing Authorities:

Cobourg Yacht Club and Lake Yacht Racing Association (LYRA)  
Cobourg, Ontario, Canada

## Notice of Race (NoR)

V2: 1<sup>st</sup> August 2023

- ✓ The notation '[NP]' in a rule means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).
- ✓ The notation '[DP]' in a rule in the NoR or SI means that the penalty for a breach of that rule may, at the discretion of the protest committee, be less than disqualification. This changes RRS 64.2.

### 1. Rules

- 1.1. The event is governed by the rules defined in *The Racing Rules of Sailing (RRS)*.
- 1.2. The prescriptions of Sail Canada will apply, and a copy can be found at the following link:  
[Microsoft Word - Sail Canada Prescriptions to the Racing Rules of Sailing 2021-2024 as revised 10 March 2022](#)
- 1.3. RRS APPENDIX T ARBITRATION will apply
- 1.4. [DP] All participants shall be aware of and comply with the Province of Ontario's Rowan's Law:  
See <https://www.ontario.ca/page/rowans-law-concussion-awareness-resources>  
All participants further agree that they have reviewed and agree to abide by Ontario Sailing's Concussion Code of Conduct.

**A head injury could lead to death, dementia, etc. In the event of a head injury, get the injured, however slightly, to a hospital emergency ASAP to be checked out!**

### 2. Sailing Instructions

- 2.1 The Sailing Instructions will consist of the instructions in RRS Appendix S, Standard Sailing Instructions (SIs), and Supplementary Sailing Instructions (SSIs) that will be posted by 2100 hours on Wednesday, August 2<sup>nd</sup> on the **Official Notice Board** at <https://yachtscoring.com/emenu.cfm?eid=16030>

### 3. Communication

- 3.1. Notices to competitors will be posted on the **Official Notice Board** located at <https://yachtscoring.com/emenu.cfm?eid=16030> And, if possible, on the Notice Board at Cobourg Yacht Club's Clubhouse.

- 3.2. [DP] All boats shall carry a marine VHF radio and monitor the assigned radio frequency for the course they are competing on.
- 3.3. [NP] On the water, the race committee will endeavour to make courtesy broadcasts to competitors on VHF radio. The channel will be stated in the SSIs. The Race Committee (RC) will use VHF radio to communicate to the fleet. Failure to make broadcasts or failure to hear the broadcast shall not constitute grounds for requesting redress. This changes RRS 62.1.
- 3.4. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication unavailable to all boats.

#### 4. Eligibility and Entry

- 4.1. The event is open to all 8mR and R-Class boats.
- 4.2. Boats may only enter the event by registering online at <https://yachtscoring.com/emenu.cfm?eid=16030>
- 4.3. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.

#### 5. Fees & Registration

- 5.1. Entry fees are **\$395** for **8mR** & **\$395** for **R-Class** boats (includes HST), and include crew dinners on Saturday.
- 5.2. Dinners will be available for non-competitors to purchase from the Club Menu.
- 5.3. **Registration will close at 2000 hours on Wednesday, July 26<sup>th</sup>, 2023.**  
Entry fee refunds may be granted at the discretion of the OA; a \$50 administrative fee will be applied.

#### 6. Crew Limitation

- 6.1. The Class rules apply.

#### 7. Advertising [DP]

- 7.1. Competitors may be required to display advertising chosen and supplied by the Organizing Authority.

#### 8. Schedule

- 8.1. Registration Deadline:

Date	Before
Wednesday, 26 <sup>th</sup> July	2000 hours

- 8.2. Dates of Racing:

Date	Class	Time	
Friday, Aug. 4 <sup>th</sup>	8mR	1100 TBD	Warning signal for the first race Dinner at CYC
Saturday, Aug. 5 <sup>th</sup>	8mR	1100 TBD	Warning signal for the first race Dinner at CYC
Sunday, Aug. 6 <sup>th</sup>	8mR	1100 TBD	Warning signal for the first race Awards

8.3. Number of Races:

<b>Class</b>	<b>Number of Races: Maximum</b>	<b>Races per day: Scheduled</b>	<b>Races per day: Maximum</b>
8mR	Eight	Three, Three, Two	Three

8.4. On the last scheduled day of racing, no races will be started after **1500 hours**.

**9. Equipment Inspection**

- 9.1. Boats may be inspected/subject to measurement at any time during the event.
- 9.2. Competitors are responsible for ensuring their boats meet the measurement standards as prescribed by their class association.
- 9.3. Boats shall comply with RRS 78.

**10. Venue**

- 10.1. Cobourg Yacht Club is located at 100 Hibernia Street, Cobourg, Ontario, Canada, K9A 3J8, 416-531-0403. This is located on the north shore of Lake Ontario.
- 10.2. For all classes, sailing will occur on Lake Ontario adjacent to Cobourg Yacht Club, and course locations will be provided in the **Supplementary Sailing Instructions (SSIs)**.

**11. Courses**

- 11.1. The course will be windward/leeward with an offset.
- 11.2. Course description will be provided in the **SSIs**.
- 11.3. [NP] The course length will be set to achieve a target time of 75 minutes per race for the first finisher, e.g., between 1.25nm and 2nm.
- 11.4. [NP] Races will not be started in seas above 8 feet and/or winds above 18 knots.

**12. Penalty System**

- 12.1. RRS 44.1 is changed so that the Two-Turns Penalty is replaced by the One-Turn Penalty.
- 12.2. The Scoring Penalty, RRS 44.3, applies.
- 12.3. RRS Appendix T, Arbitration will apply.

**13. Scoring**

- 13.1. The Low Point System will be used.
- 13.2. Five races are required to be completed to constitute a valid event.
- 13.3. When fewer than 6 (six) races have been completed, a boat's score will be the total of her race scores.
- 13.4. When 6 (six) or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

**14. Support Person Vessels**

- 14.1. [DP] Support person vessels will be assigned a berth or mooring area for the duration of the event. Such a berth or mooring is subject to the terms and conditions for all boats using Cobourg Yacht Club controlled facilities.

**15. Berthing**

- 15.1. [DP] Boats shall be kept in their assigned places while at CYC.

- 15.2. All boats must be removed from all club facilities by Tuesday, August 8<sup>th</sup> unless a prior written agreement is made by the facilities management.

## 16. Diving Equipment & Plastic Pools

- 16.1. [DP] Underwater breathing apparatus and plastic pools or their equivalent shall not be used around keelboats between the preparatory signal of the first race and the end of the event.
- 16.2. Keelboats shall not be cleaned below the waterline by any means during the event.

## 17. Risk Statement

- 17.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' Each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks in participating in this event. These risks include intense winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform, and fatigue resulting in an increased risk of injury. The Club and Organizing Authority is not responsible for any risk to competitors due to their participation.
- 17.2. By coming onto CYC property and or participating in CYC events, boats agree to release CYC and its members, servants, and agents from liability arising from contracting COVID-19 as a result thereof. Further, by participating in these events, all participants (owners, skippers, crew, support personnel, etc.) agree to release, discharge, indemnify and hold harmless the race committee, protest committee, CYC, LYRA, their agents, servants, officers, directors, members of, CYC, LYRA, and every other official involved with these events from any and all liability or claims, demands, actions or causes of actions that may arise or be associated with their participation in these events, including but not limited to any and all claims arising out of personal or bodily injury, illness, death, or property damage suffered by them as a result of their participation in these events.

## 18. Insurance

- 18.1. Each participating boat shall be insured with valid third-party liability coverage of two million dollars (\$2,000,000) CAD per incident.

## 19. Prizes

- 19.1. Prizes will be given to the First Three Boats for each Fleet as a whole.
- 19.2. All non-winning boats will receive a Participation Flag.
- 19.3. A LYRA trophy will be awarded to the First Classic and the First Modern in the 8mR finishers..

## 20. Concussion Awareness

- 20.1. [DP] Certain aspects of Rowan's Law are in effect. To review current information and requirement, check the Ontario Sailing website: <https://ontariosailing.ca/concussion-information/>
- 20.2. [DP] Any participant who registers with or enters the event needs to do the following:
  - 20.2.1. Confirm you have read the Ministry Approved Concussion Awareness Resource.
  - 20.2.2. Confirm you have reviewed, and committed to, the Ontario Sailing Athlete Concussion Code of Conduct.

## 21. Code of Conduct

- 21.1. [DP] Competitors and support persons shall comply with any reasonable requests from an event official. Failure to comply may be misconduct.

## 22. Further Information

22.1. For further Regatta information, please contact:

**Regatta Chair:**

Elizabeth (Liz) McCaughey

[lizabethmccaughey@hotmail.com](mailto:lizabethmccaughey@hotmail.com)

1- (585) 730-2145

22.2. **Cobourg Yacht Club**

100 Hibernia Street,

Cobourg, ON, K9A 3J8

[communications@CobourgYachtClub.ca](mailto:communications@CobourgYachtClub.ca)

Club & Learn to Sail (905) 372-3098

<https://www.google.ca/maps/place/Cobourg+Yacht+Club/@43.9578826,-78.1699481,15.25z/data=!4m6!3m5!1s0x89d5c5a2d0e439b1:0x8d7b4bb8bc18b888!8m2!3d43.9558849!4d-78.1672794!16s%2Fg%2F11bw3bbdkt>

22.3. For further LYRA information, please contact:

Luc D'Aoust, LYRA Vice President - Racing;

[star6631@gmail.com](mailto:star6631@gmail.com) [www.lyrawaters.org](http://www.lyrawaters.org)

1 - (416) 725-6340