



# Sailing Instructions (SIs)

American Yacht Club

44<sup>th</sup> Annual Spring Regatta

May 5, 6 & 7, 2023

Organizing Authority (OA): American Yacht Club, Rye, NY

## GENERAL FORMAT

The 44<sup>th</sup> American Yacht Club (AYC) Annual Spring Regatta will consist of:

- **The Friday Coastal Race on May 5.** Scoring for the Friday Coastal Race will be using YRALIS PHRF for all classes. This race will be scored separately and will not be included in the Spring Series score.
- **The Spring Series on Saturday and Sunday, May 6 & 7,** will offer two racing formats:
  - **Windward/Leeward Racing** for the ORC and One Design Classes
  - **Coastal Racing** for the PHRF Classes (including Doublehanded & Non-Spinnaker)

## 1 RULES

The event is governed by the rules as defined in *The Racing Rules of Sailing*.

## 2 CHANGES TO SAILING INSTRUCTIONS

**Any changes to the sailing instructions will be posted before 2000 on the day before the changes will take effect.**

## 3 COMMUNICATIONS WITH COMPETITORS

3.1 Notices to competitors will be posted on the official notice board located on the Regatta Website: <https://yachtscoring.com/emenu.cfm?eid=15669>.

3.2 The race committee intends to make courtesy broadcasts on the appropriate VHF channels 90 minutes before the first scheduled warning signal on each day of the event.

3.3 The race committee may announce their intentions to start a race or the course via the VHF course channel.

3.4 VHF channels used by the race committee to communicate with the competitors shall be as follows:

**South Course VHF Channel: 69                      East Course VHF Channel: 71**

3.5 Failure of the race committee to make any VHF broadcasts, the timing thereof or a competitor to hear any broadcast shall not be grounds for redress. This changes RRS 62.1(a).

3.6 [DP] From the first warning signal until the end of the last race of the day, except in an emergency or to report a protest or withdrawal, a boat shall neither make voice nor data transmissions and shall neither receive voice nor data communication that is not available to all boats.

## 4 SIGNALS MADE ASHORE

4.1 Signals made ashore will be displayed on the American Yacht Club main flagpole and shall be announced on the South and East Course VHF Channels.

4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 90 minutes' in the race signal AP.

## 5 SCHEDULE OF RACES

5.1 One race is scheduled for the **Friday Coastal Race**, with the first warning signal scheduled at **1355 on May 5, 2023**.

5.2 Racing for all classes in the **Spring Series** is scheduled for **May 6 and 7, 2023**.

5.3 The scheduled time of the first warning signal for the **Spring Series** on Saturday, May 6 and Sunday, May 7 will be based on the weather forecast and other factors and will be at **1055** or **1255**. The race committee will announce by text message using the cellular phone number provided with each entry and also post on the Regatta Website the time of the first warning signal by **1900** on the day before each day of racing. Failure of the race committee to make any text messages, the timing thereof or a competitor to receive any text shall not be grounds for redress. This changes RRS 62.1(a).

5.4 For the **Spring Series Windward/Leeward Racing** classes, multiple races per day are scheduled.

5.5 For the **Spring Series Coastal Racing** classes, a maximum of two races per day are scheduled.

5.6 **Flag A displayed**, with no sound, while boats are finishing means '**No more racing today.**'

5.7 On the last scheduled day of racing no warning signal will be made after 1600.

## 6 CLASS FLAGS

6.1 Class flags will be numeral pennants.

6.2 [DP] **Each boat shall display its class flag** on its permanent backstay or, in the absence of a permanent backstay, from its stern rail.

6.3 A listing of entrants for the **Friday Coastal Race** by class shall be posted on the Regatta Website by 1200 on the day before the race.

6.4 A listing of entrants for the **Spring Series** by class shall be posted on the Regatta Website by 1200 on the day before the first race of the series.

## 7 RACING AREA

7.1 There will be two separate race areas for the **Spring Regatta**, the East Course and the South Course.

7.2 The Windward/Leeward Racing classes are assigned to the **East Course** to be located approximately mid-Sound, east of Milton Point.

7.3 The **Friday Coastal Race** and **Spring Series Coastal Racing** classes are assigned to the **South Course** to be located approximately mid-Sound south of Milton Point.

7.4 The approximate positions of the starting areas will be announced approximately 30 minutes prior to the first warning signal each day for all classes on their respective VHF course channels.

## 8 COURSES

### 8.1 THE COURSES FOR WINDWARD/LEEWARD RACING

The diagrams in SI **Appendix A** show the Windward/Leeward courses, the order in which marks are to be passed, and the side on which each mark is to be left.

8.2 For Windward/Leeward courses the leeward mark will be a gate. **In the event one of the gate marks is missing the remaining gate mark shall be rounded to port.**

8.3 The race committee signal vessel will display the magnetic bearing and range, in tenths of nautical miles (15 is 1.5 nautical miles) from the signal boat to the windward mark, and the course number.

8.4 Sample course board and configurations for Windward/Leeward courses (labels may not be displayed):

Course	Class	Range	Bearing
4	1	1	2
4	2	5	3
4	3		0
3	4		

### 8.5 THE COURSES FOR THE FRIDAY COASTAL RACE AND SPRING SERIES COASTAL RACING

The Courses and associated signals for the **Friday Coastal Race** and **Spring Series Coastal Racing** classes are defined in SI **Appendix B**.

## 9 MARKS

9.1 The Marks for **Windward/Leeward Racing** classes will be inflatable buoys as follows:

Original Mark(s)	Starting Mark	Finishing Mark	Change Mark(s)	Offset Mark (1a)
Yellow	Orange	Orange	Orange	Red

9.2 The Marks for the **Friday Coastal Race** and **Spring Series Coastal Racing** classes are defined in SI Appendix B.

## 10 THE START

10.1 The starting line will be between a staff displaying an orange flag on the race committee vessel at the starboard-end and the course side of the port-end starting mark.

10.2 Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.

10.3 A boat that does not start within 10 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.

10.4 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the race committee will attempt to broadcast her sail number on her respective VHF course channel. Failure to broadcast her number, failure of her to hear such a broadcast, or the order in which sail numbers are broadcast will not be grounds for a request for redress. This changes RRS 62.1(a).

**10.5** If the race committee for **Spring Series Windward/Leeward Racing** displays **flag C with class flag(s)** and multiple sound signals during the starting sequence, mark 1 (the Windward Mark) will be, for the class(es) starting, a Change Mark as defined in SI 9 with Bearing and Range displayed on a course board, and **mark 1a (the Offset Mark) will NOT BE set and will not be a mark of the course.**

## **11 CHANGE OF THE NEXT LEG OF THE COURSE**

**11.1** To change the next leg of the course for **Spring Series Windward/Leeward Racing**, the race committee will lay a Change Mark(s) as defined in SI 9 (or move the finishing line) and remove the Original Mark(s) as soon as practicable. When in a subsequent change a Change Mark(s) is replaced, it will be replaced by an Original Mark(s). **When the mark being changed is mark 1 (the Windward Mark), mark 1a (the Offset Mark) will NOT BE set and will no longer be a mark of the course.**

## **12 THE FINISH**

The finish line will be between a staff displaying a blue flag on a race committee vessel and the course side of the Finishing Mark.

## **13 PENALTY SYSTEM**

**13.1** Appendix T, Arbitration, will apply as changed. At the end of T4, Arbitration Meeting Outcomes, add:

(c) The first sentence of 63.3(a) is changed to “A representative of each party to the hearing and the Arbitrator, if arbitration has been conducted, have the right to be present throughout the hearing of all the evidence.”

**13.2** For all classes: US Sailing Prescription **Appendix V, Rule V1 shall apply.**

## **14 TIME LIMITS**

**14.1** For the **Friday Coastal Race** classes: the time limit for the first boat in her class to sail the course and finish in each class will be **2 1/2 hours**. Boats failing to finish within **1 hour** after the first boat sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

**14.2** For all Windward/Leeward Racing classes: the time limit for the first boat to sail the course and finish in each class will be **2 1/2 hours** from the starting time of that class. Boats failing to finish within **30 minutes after** the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

**14.3** For the **Spring Series Coastal Racing** classes: the time limit for the first boat in its class to sail the course and finish in each class following a 1055 first warning signal will be **4 hours** from the starting time of that class and following a 1255 first warning signal the time limit will be **3 hours**. Boats failing to finish **within 1 1/2 hours** after the first boat in her class sails the course and finishes will be scored Did Not Finish without a hearing. This changes RRS 35, A4 and A5.

**14.4** Failure to meet the Time Limits will not be grounds for redress. This changes RRS 62.1(a).

## 15 HEARING REQUESTS

- 15.1** Rule 61.1(a) is changed to include the following notice and procedures: At any time after an incident, up to and including immediately after finishing, a protesting boat shall notify the race committee over their respective VHF course channel of its intent to lodge a protest and provide the sail number of the protesting boat and the sail number of the boat it intends to protest. The race committee will identify all protests for that race received by the committee by broadcast over the respective VHF course channel. Broadcasts will commence approximately 5 minutes after the first boat has finished and will be repeated at approximately 15-minute intervals until the last boat has finished. These broadcasts are made only as a courtesy to competitors. Failure of the race committee to make such courtesy broadcasts or failure of a boat to hear such broadcasts will not be grounds for a request for redress. This changes RRS 62.1(a).
- 15.2** Hearing request forms are available on the US Sailing Racing Rules app and at the “Jury Desk”, located in the foyer of the American Yacht Club clubhouse. Hearing request forms shall be sent by e-mail to [protests@americanyc.org](mailto:protests@americanyc.org) or delivered to the Jury Desk within the appropriate time limit.
- 15.3** For each class, the protest time limit is 60 minutes after the race committee signal vessel for that course docks.
- 15.4** Notices will be posted on the Regatta Website and the race committee notice board at the American Yacht Club clubhouse no later than 15 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the protest room, located off the foyer of the American Yacht Club clubhouse beginning at the time posted.

## 16 SCORING

- 16.1** The **Friday Coastal Race** will be a single race and shall be scored separately using PHRF Time on Distance (ToD) and the Distance rating shown on each boat’s YRALIS PHRF certificate. The **Friday Coastal Race** will not be included in the **Spring Series** score.
- 16.2** For the **Spring Series** one (1) race is required to be completed to constitute a series. The series score for the **Spring Series** shall be based on class race scores from May 6 & 7, 2023.
- 16.3** When fewer than five (5) races have been completed for the Spring Series, a boat’s series score will be the total of her race scores. When five (5) or more races have been completed, a boat’s series score will be the total of her race scores excluding her worst score. This changes RRS A2.
- 16.4** A boat scored DNF will be scored points equal to the number of boats in her class that sailed the course and finished within the time limit plus two points. This changes Rule A5.2.
- 16.5** The **Spring Series Coastal Racing** classes will be scored time using PHRF Time on Distance (ToD) and the Distance rating shown on each boat’s YRALIS PHRF certificate.
- 16.6** Scoring for **ORC Classes** will use Windward/Leeward Time On Time Triple Number ratings.
- 16.7** Course distances as determined by the race committee will not be grounds for redress. This changes Rule 62.1.

**16.8** The OA may provide **Optional Alternate Rating Scoring** for boats in the ORC and PHRF classes (ORC classes scored with their YRALIS W/L PHRF rating, and PHRF classes scored with their ORCi or ORC Club rating.) Boats **NOT** wishing to participate in Optional Alternate Rating Scoring shall email the OA at [aycrc@americanyc.org](mailto:aycrc@americanyc.org) no later than 1800 on 3 May 2023. This scoring is for informational purposes only, and the alternate rating rule's Class Rules **shall not apply**.

**16.9** Any action or omission related to SI 16.8 shall not be grounds for redress. This changes RRS 62.1(a).

## **17 SAFETY REGULATIONS**

[DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity.

## **18 GREEN REGATTA**

In an effort to promote sustainability and reduce the amount of waste in Long Island Sound, competitors are encouraged to utilize reusable water bottles and avoid the use of any single-use plastics.

## **19 PRIZES**

Prizes will be awarded on May 7 at American Yacht Club.

## **20 RISK, RESPONSIBILITY FOR SAFETY, WAIVER & RELEASE**

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event and any related activity sponsored, undertaken, administered, managed, or allowed to be conducted by American Yacht Club, the owner, helmsman and each crew member agree, understand and accept, for themselves and their respective successors, assigns, representatives, administrators, executors, agents, heirs or any person acting or purporting to act on their behalf ("Releasers") that sailing is an inherently dangerous and unpredictable activity due to multiple factors that cannot be anticipated or predicted with certainty, including but not limited to weather, equipment failure or malfunction, and the actions of others on or off the water, injury, sickness and disease (including communicable diseases such as Covid-19). Releasers also agree, understand and accept that sailing presents inherent risks of serious bodily injury (including permanent disability, paralysis, and death, whether by drowning or otherwise, sickness and disease (including communicable diseases), property damage and other economic loss. Accordingly, and in consideration for being permitted to enter into and participate in this or any other sailing event sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club, Releasers forever release and waive, to the fullest extent allowed by law, any and all claims, actions, accounts, causes of action and choses in action, whether in law, equity or admiralty, that Releasers now have, may have had or may come to have, against American Yacht Club, including its officers, directors, trustees, members, employees, agents, volunteers, staff, committees, and anyone acting on its behalf ("Releasees"), for anything arising out of or relating to Releasers' participation in such sailing events (including contracting communicable diseases such as Covid-19). Notwithstanding anything to the contrary, and without in any way limiting or lessening the effect or breadth of the foregoing release and waiver, and solely for the avoidance of doubt and clarification, Releasers agree, acknowledge and understand that this release and waiver applies to any and all claims of any kind at all against Releasees arising out of or relating to injuries, deaths, sickness and disease (including communicable diseases such as Covid-19), damage to vessels or damage to personal property sustained during or as a result of any and all sailing events sponsored, undertaken, administered, managed or allowed to be conducted by American Yacht Club.

**21 INSURANCE**

Each participating boat shall be adequately insured with current, valid third-party liability insurance that is appropriate taking into account the value of the boats racing and the type of racing.

**22 CONTACT INFORMATION**

American Yacht Club, 499 Stuyvesant Avenue, Rye, NY 10580

AYC Website: [www.americanyc.org](http://www.americanyc.org) Phone: (914) 967-4800

Regatta Website: <https://yachtscoring.com/emenu.cfm?eid=15669>

Email: [aycrc@americanyc.org](mailto:aycrc@americanyc.org) Fax: (914) 967-5340

**American Yacht Club cordially extends the privileges of the clubhouse and harbor to participants before and after the racing.**

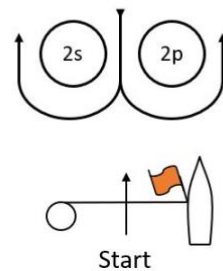
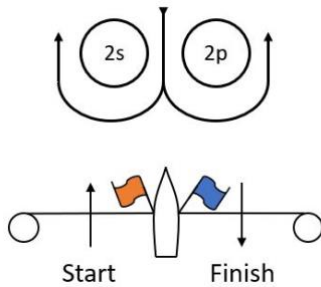
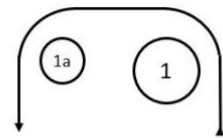
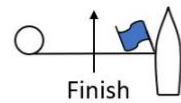
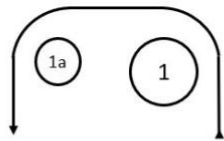
**A limited number of moorings will be available. Reservations are required. Contact Bud Puterbaugh, AYC Harbor Captain by email ([bputerbaugh@americanyc.org](mailto:bputerbaugh@americanyc.org)) for rates and availability.**

## Appendix A Windward/Leeward Course Diagrams

**\*For races started in accordance with SI 10.5 or when mark 1 has been changed in accordance with RRS 33, mark 1a will no longer be a mark of the course.**

Course	Order of Marks
2	Start, 1,1a*, Finish
4	Start, 1,1a*, 2p/2s, 1,1a*, Finish
6	Start, 1,1a*,2p/2s, 1,1a*, 2p/2s, 1,1a* Finish

Course	Order of Marks
3	Start, 1,1a*, 2p/2s, Finish
5	Start, 1,1a*, 2p/2s, 1,1a*, 2p/2s, Finish
7	Start, 1,1a*, 2p/2s, 1,1a*, 2p/2s, 1,1a*, 2p/2s, Finish





## Appendix B

### Friday Coastal Race and Spring Series Coastal Racing Course and Marks

B.1. The race committee signal vessel will signal at or before the warning signal the course by letters according to SI B.3 and B.5. Marks shall be rounded in the order signaled (reading the course board column by column, top-down, then fore-aft) and left on the hand so that the rhumb line to the next mark will not cross the rhumb line from the previous mark. If the next mark is reciprocal, the mark shall be left to port when rounding. The Finish shall be in the approximate location of the Start. The **Starting Mark** is an **Orange** inflatable mark. The **Finishing Mark** is a **Yellow** inflatable mark.

B.2. A sample course board is shown below (labels may not be displayed). In this example, the course would be: Start, F, X, A, G, A, Finish. Since the leg from G to A is reciprocal of the previous leg, G would be left on the port hand.

Mark	Mark	Bearing	Range
F	A	1	2
X		2	0
A		0	
G			

B.3. Marks for the **Friday Coastal Race and Spring Series Coastal Racing classes** will be designated as follows:

- |                       |                     |                       |                    |
|-----------------------|---------------------|-----------------------|--------------------|
| A N "40A" Scotch Caps | F G"23" Sands Point | K G"17" Oyster Bay    | P R"32A" Mid-sound |
| B R"42" Mamaroneck    | G R"4" Prospect Pt  | L G"15" Lloyd Point   | Q G"1" Greenwich   |
| C C"1" Delancey Pt    | H R"6" Mott Point   | M GR "E" Eaton's Neck | R R"38" Playland   |
| D R"2" Larchmont      | I G"21" Matinecock  | N R"28C" Norwalk      |                    |
| E C"1" Execution Rock | J G"19" Oak Neck Pt | O R"32" Stamford      | X Drop Mark        |

B.4. **Mark X**, if signaled, will be a **White** inflatable tetrahedron and located at a Bearing and Range from the race committee signal vessel as displayed on the course board. Mark X may be used anywhere in the course.

B.5. The following chart shows the approximate location of the marks. It is not intended to be used for navigation and is not to scale.

