



The IDA LEWIS DISTANCE RACE SAILING INSTRUCTIONS

Including Amendments 1,2,3,4 &5

AUGUST 18-20, 2022

Organizing Authority: Ida Lewis Yacht Club

1 RULES

- 1.1 The regatta will be governed by the rules as defined in *The Racing Rules of Sailing*.
- 1.2 The US Safety Equipment Requirements of US Sailing for **US Coastal**. A boat may not be protested for failing to comply with these Requirements except by the Race or Protest Committees.
- 1.3 The current ORC rules.
 - 1.3.1 ORC Rule 200.1 is changed as follows:
 - i. One additional crew under the age of 16 is permitted and shall not count against the crew or weight limit.
 - ii. Weighing in is not required. However, the skipper of a boat that is later protested for exceeding the maximum crew weights cited on the boat's certificate shall make all crew weights available prior to the protest hearing and will be required to certify to the accuracy of the data.
- 1.4 For PHRF divisions - the current PHRF Regulations of the Narragansett Bay PHRF Association.
- 1.5 Rules 28, 29.1, 41, 55, 60.1, 63.1, 63.2, 64.1, A5.2 and Race Signals are changed.
- 1.6 The OA has adopted World Sailing Test Rule DR21-01 and definition of start is changed as described in the NOR.

2 NOTICES TO COMPETITORS

Notices to competitors will be posted on the Official Notice Board on the Yacht Scoring Event Web Site.

3 CHANGES TO THE SAILING INSTRUCTIONS

Any changes to the Sailing Instructions will be posted before 0800 hours on Friday, August 19th.

4 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be flown from the yardarm of the flagpole at Ida Lewis Yacht Club.
- 4.2 When flag AP is displayed ashore, the warning signal will be made not less than one (1) hour after flag “AP” is lowered. This changes Race Signals.
- 4.3 The Race Committee will make announcements concerning postponements, courses, premature starters, etc., on VHF Channel 79A. Failure of competitors to receive or hear such announcements will not be grounds for redress.

5 CLASSES AND CLASS FLAGS

- 5.1 The Classes and Class Flags for classes.

	CLASS NAME	CLASS NUMBER	CLASS FLAG
A.	ORC	ONE	Numeral Pennant ONE
B.	Double-Handed	TWO	Numeral Pennant TWO
C.	PHRF - ALOHA	THREE	Numeral Pennant THREE
D.	PHRF - CORONET	FOUR	Numeral Pennant. FOUR
D.	Cruising Spinnaker	FIVE	Numeral Pennant FIVE

Each boat shall race in the class to which it is assigned

- 5.2 While racing, each boat shall display the numeral pennant for her respective class from her backstay no less than six (6) feet above the deck.

6 CHECK IN AND RETIREMENT

- 6.1 Prior to the first warning signal, all boats shall check in with the Race Committee by hailing the Race Committee on VHF CHANNEL 69 with their sail numbers and having the Race Committee affirmatively respond.
- 6.2 Boats retiring shall inform the Race Committee by phoning (401) 846-1969 extension 6 as soon as possible.

7 COURSES

- 7.1 **Course 1 - Montauk Course.**

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” MoA WHIS, ENE of Point Judith	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to port
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
Block Island	to port
Newport Mooring Field Limit Mark (Yellow Inflatable)	to starboard

Finish – off Ida Lewis Yacht Club
(Distance for scoring purposes: 170 NM)

7.2. **Course 2 – Block Island Course**

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
“Buzzards Bay Tower” Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
RN ”2” South of Block Island	to starboard
R”4” Fl R 6s WHIS SW of Block Island	to starboard
G”1BI” Fl G 4s Bell North of Block Island	to starboard
Newport Mooring Field Limit Mark (Yellow Inflatable)	to starboard

Finish – Off Ida Lewis Yacht Club
(*Distance for scoring purposes: 150 NM*)

7.3 **Course 3 – Point Judith Course**

Start – East Passage Narragansett Bay, south of Rose Island

RW “NB” Mo(A) WHIS, ENE of Point Judith	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
G “1” Fl G 4s Gong, ENE of Montauk Point	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
RW”NB” Mo(A) WHIS, ENE of Point Judith	to starboard
Newport Mooring Field Limit Mark (Yellow Inflatable)	to starboard

Finish – Off Ida Lewis Yacht Club
(*Distance for scoring purposes: 120 NM*)

7.4 **Course 4 – Buzzards Bay Tower Course**

Start – East Passage Narragansett Bay, south of Rose Island

R “2” QR WHIS	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to starboard
GR “BIS”. FL (2+1) G 6s (southwest of Block Island)	to port
"Buzzards Bay Tower" Fl 2.5 sec Horn	to port
R “2” QR WHIS	to starboard
Newport Mooring Field Limit Mark (Yellow Inflatable)	to starboard

Finish – Off Ida Lewis Yacht Club
(*Distances for scoring purposes: 110 NM*)

8 THE START

Friday, August 19

ORC Warning Signal	1100 hours
Double-Handed Warning Signal	1110 hours
PHRF Aloha Warning Signal	1120 hours
PHRF Coronet Warning Signal	1130 hours
Cruising Spinnaker Warning Signal	1140 hours

8.3 Races will be started in accordance with rule 26.

8.4 The starting line will be between a staff flying an orange flag on the Race Committee Signal Boat anchored south of Rose Island in the East Passage of Narragansett Bay and the nearby race mark.

8.5 The starting race mark will be an extra-large Orange Dumpy.

- 8.6 Boats shall keep clear of the starting area unless starting.
- 8.7 Any boat not starting within **10** minutes of the last starting signal of the day shall be scored DNS without a hearing. This changes rule A5.
- 8.8 The Race Committee shall hail boats starting prematurely on VHF Ch 79A; however failure of a boat to receive or hear this transmission is not grounds for redress.

9 THE FINISH

- 9.1 The finish shall be a line between G“3” Fl G 2.5 sec Bell off Goat Island and a staff flying an orange flag (which will be illuminated at night) at the north end of the deck at Ida Lewis Yacht Club.
- 9.2 A Mark of the Course (yellow inflatable buoy) will be placed at approximately 41 ° 28.81 'N, 071 ° 19.61 'W (in the general vicinity of the finish line)
- 9.2.1 This buoy, which **shall be left to starboard, is a mark of the course, but NOT PART OF THE FINISH LINE.** It is intended to provide a rough approximation of the angle of the finish line.
- 9.2.2. If the Race Committee observes that a boat has not left this mark on the correct side prior to crossing the finish line and does not correct the error, it shall score the boat NSC without a hearing; and the penalty shall be one hour added to the boat's corrected time. This changes rule A5.2 for this mark.
- 9.2.3 If, as a result of a valid protest hearing, the protest committee determines that a boat failed to honor this mark and sail the course correctly, the minimum penalty the protest committee shall assess is one hour added to the boat's corrected time. This changes rule 64.2.
- 9.2.4 For the mark of 9.2, Rule 28 is changed as follows: paragraph 28.2 is deleted
- 9.3 All boats, when they are abeam of Castle Hill Light approaching the finish, shall call the Race Committee on VHF Ch 79A or via telephone 401-846-1969 extension 6 and report their boat name, sail number and time. If reporting by telephone, information may be left on the race answering machine.
- 9.4 At night, boats shall illuminate their sail numbers when approaching the finish line.
- 9.5 Boats shall take their own finish time and report this to Race Committee at Ida Lewis Yacht Club within **ONE** (1) hour after finishing.
- 9.6 Boats shall complete and sign a declaration that they have sailed the race in accordance with the Rules; and shall deliver it to the Race Committee on the RC mark boat after finishing or to the Race Committee at the Finish Line Desk on the deck on the north side of the Ida Lewis Yacht Club within ONE (1) hour after finishing.

10 PENALTY SYSTEM

RRS 44.3, Scoring Penalty, shall apply.

11 TIME LIMIT

The time limit for all boats is 1800 hours on Saturday, August 20, 2022

12 RENDERING ASSISTANCE

Attention is drawn to the responsibility imposed by good seamanship and RRS1.1

13 PROTESTS

- 13.1 Boats intending to file a protest or a request for redress shall inform the Race Committee immediately after finishing by radioing the Race Committee on VHF Ch 79A or calling the race office at (401) 846-1969 extension 6 until acknowledged.
- 13.2 Protests must be submitted in writing to the Race Committee at Ida Lewis Yacht Club within one (1) hour of finishing. Protest forms will be available at the Race Committee Finish Line Staff located on the deck on the north side of the Ida Lewis Yacht Club.
- 13.3 The Protest Committee anticipates that it will begin hearing protests at 1300 on Saturday, August 20, 2022.
- 13.4 The Jury may apply a penalty other than disqualification for breaking a Rule other than one of Part 2 of the Racing Rules. This changes rule 64.2.

14 SCORING

- 14.1 ORC: Time allowances for ORC boats will be calculated using the boat's single number All Purpose Rating Model Time-on-Time (TOT) rating.
- 14.2 PHRF: Time allowances for PHRF boats will be calculated using Time-on-Time (TOT) with the handicaps as provided by PHRF-Narragansett Bay.

15 GOVERNMENT BUOYS

Government buoys, when not specified as part of the course, have no required side except for safe navigation.

16 ADVERTISING

- 16.1 Advertising shall be in accordance with ISAF regulation 20.
- 16.2 Competitors may be required to display sponsor flags or graphics on the side of their hulls; these graphics, if any, will be supplied by the OA.
- 16.3 Advertising for tobacco products are prohibited.
- 16.4 Advertising that conflicts with any race sponsor is prohibited unless permission is requested and authorized by the OA in writing.

17 PRIZES

- 17.1 Prizes will be awarded on Saturday, August 20 at 1930 hours at Ida Lewis Yacht Club
- 17.2 The following prizes will be awarded:
 - A. The Russell L. Hoyt Memorial Trophy for the ORC Division Best Elapsed Time.
 - B. The Lois J. Muessel Memorial Trophy for the PHRF Division Best Elapsed Time.
 - C. The Commodore's Trophy for the ORC Division - Corrected First Place.
 - D. The Lime Rock Trophy for the PHRF Division- Corrected First Place.
 - E. Double-Handed Division - Corrected First Place.
 - F. The Arent H. Kits van Heyningen Trophy for the Youth Challenge - Corrected First Place.
 - G. William E. Tuthill Trophy for the Collegiate Challenge - Corrected First Place.
 - H. Cruising Spinnaker Division Trophy- Corrected First Place.
 - J. PHRF Category **CORONET** (PHRF Rating 54 and lower) – Corrected First Place.
 - K. PHRF Category **ALOHA** (PHRF Rating 55 and higher) – Corrected First Place.

Additional prizes may be awarded at the sole discretion of the organizing authority and may be based on criteria other than the regatta results.

18 NOTES

- 18.1 In the event that life-saving equipment is lost overboard, it should be recovered. If recovery is impossible, any equipment that floats shall be reported immediately to the Race Committee and the nearest U.S. Coast Guard station on VHF Ch 16.
- 18.2 Competitors are reminded of their responsibility to comply with the U.S. Coast Guard Pollution Regulations.
- 18.3 Narragansett Bay is a restricted channel and sailing vessels do not have right-of-way over a vessel under power which may be restricted in her ability to maneuver.
- 18.4 Skippers are reminded that there is shallow water on the northwest shore of Fort Adams.
- 18.5 In an emergency, if there is no one on duty at 401-846-1969 extension 6, competitors are requested to call (401) 486-5318.
- 18.6 Competitors not in their starting sequence who wish to contact the Race Committee shall do so on VHF CHANNEL 69.
- 18.7 **All participating** yachts shall carry, mount, and keep turned on while racing a Yellow Brick transponder provided by the Organizing Authority. Transponders shall be mounted on a stanchion in a location exposed to the sky and aft of the steering station. The transponder must be returned to the Race Committee after finishing. A participant not returning the transponder by the end of the race time limit or two hours after finishing, whichever is later, may be scored DNF without a hearing and will be charge for the cost of this transponder. This changes RRS 63.1.
- 18.8 The US Sailing Prescription to rule 63.2 is deleted.
- 18.9 Protests alleging infringement of SI paragraphs 9 and 18 shall only be initiated by the Ida Lewis Long Distance Race Organizing Authority. This changes RRS 60.1

**Ida Lewis Yacht Club
Commodore Stephen J. MacGillivray**

**Race Committee Chairman
Guy Sanchez**

**Ida Lewis Distance Race Chair
Anselm Richards**

**Principal Race Officer
Guy Sanchez**

**Chief Judge
Mary Pierce**